

# Maternal MAT Directory

# How to Use the Digital B – UFC Specialty Provider Directory

The following directory is being made available for providers to support in identifying specialty services and programs that are open to receiving external referrals. The directory contains a list of AHCCCS covered services that can be utilized by Banner – University Family Care (B – UFC) ACC members.

The directory includes contacts, AHCCCS covered services, program descriptions and referral in details to support our member's General Mental Health and Substance Use (GMH/SU) covered services. Which include: Crisis Stabilization, Service Plan Development, Initial and Ongoing Crisis Planning, and support for unique populations.

# Click-able Directory Feature

AHCCCS covered services are available by commonly utilized services types. Each service type has a breakdown of counties that serve B - UFC/B - UCA members. Providers that offer the identified AHCCCS covered service have an imbedded link. Clicking on the provider agency will take you to the program descriptor and referral contact. This is also available for each provider listed in the table of contents.

Agencies listed in this directory are contracted with B – UFC, this may not reflect all Behavioral health Providers, for additional General Mental Health/ Substance Use providers, please refer to <a href="https://www.BannerUFC.com/ACC">https://www.BannerUFC.com/ACC</a> provider look-up.

For more information on fidelity to ART practice, refer to the AHCCCS Adult Recovery Team or (Adult Clinical Team: <a href="https://www.azahcccs.gov">https://www.azahcccs.gov</a>

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## **General Information**

## Medicated-Assisted Treatment (MAT)

Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.

The Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act affords practitioners greater flexibility in the provision of medication-assisted treatment (MAT).

## **Opioids Treatment Program**

An OTP is any treatment program certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide medication-assisted treatment for individuals who are diagnosed with opioid use disorder. These treatment programs are authorized to administer and distribute all forms of medication assisted treatment, Methadone, Buprenorphine (Suboxone/Subutex) and Naltrexone. Additional services within the OTP can include case management, peer support, individual counseling, group counseling and other types of support services for the individual. AHCCCS is implementing new standards and reporting requirements for all Opioid Treatment Programs (OTPs) receiving Medicaid reimbursement.

## Office Based Opioid Treatment Programs

OBOT programs allow for qualified primary care physicians to provide opioid treatment services in their office-based settings. Federal guidelines allow qualified physicians in the OBOT to prescribe medications for opioid use disorder in their office setting, but it is required that the physician has the ability to connect their patients to the appropriate level of counseling and other appropriate support services

## Service Standards/Provider Qualifications

Individuals providing peer services must be employed by or contracted with a Community Service Agency or a licensed facility allowed to bill the procedure code. Community Service Agencies providing this service must be Title XIX certified by AHCCCS.

Self-help/peer services are provided by those who have been credentialed as Peer/Recovery Support Specialists through an AHCCCS BEHAVIORAL HEALTH SERVICES approved Peer Support Employment Training Program, self-identify as a "peer" and are qualified as behavioral health professionals, behavioral health technicians, or behavioral health paraprofessionals as defined in 9 A.A.C. 10. A "peer", as referenced in these provider qualifications, is defined as an individual who is, or has been a recipient of behavioral health services or substance abuse and has an experience of recovery to share.

# Crisis Support

A Crisis is when a person presents with a sudden, unanticipated, or potentially dangerous behavioral health condition, episode, or behavior. Crisis intervention services are provided to a person for the purpose of stabilizing or preventing a sudden, unanticipated, or potentially dangerous behavioral health condition, episode, or behavior. Crisis intervention services are provided in a variety of settings or over the telephone. These intensive and time limited services may include screening, (i.e. triage and arranging for the provision of additional crisis services) counseling to stabilize the situation, medication stabilization and monitoring, observation and/or follow-up to ensure stabilization, and/or other therapeutic and supportive services to prevent, reduce or eliminate a crisis situation.

# Crisis Response Network (CRN) Crisis Line:

(602) 222-9444 or (800) 631-1314

(Gila County, Maricopa County, Pinal County)

## NurseWise Crisis Line:

(520) 622-6000 or (866) 495-6735

(Cochise County, Graham County, Greenlee County, La Paz County, Pima County, Santa Cruz County, Yuma County)

## AHCCCS COVERED SERVICES

## Medication Assisted Treatment (MAT) for Substance Abuse Disorders (suds)

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders and prevent opioid overdose. A combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery.

#### **COCHISE**

• CMS

#### **GILA**

- Canyonlands Healthcare
- Horizon Health Wellness

#### **GRAHAM**

- Canyonlands Healthcare
- CMS

#### **MARICOPA**

- BAART
- Clean Slate
- CBI
- CMS
- Crossroads
- Horizon Health Wellness
- Hushabye Nursery
- Intensive Treatments System
- New Hope
- SBH
- Terros
- Valle Del Sol

#### **PIMA**

- BAC
- CBI
- CMS
- CODAC
- COPE
- CPIH
- EL Rio Health
- La Frontera-Hope

#### **PINAL**

- Horizon Health Wellness
- Intensive Treatment Systems
- Marana Healthcare

#### **SANTA CRUZ**

- Horizon Health Wellness
- MCHC

#### **YUMA**

- CBI
- CMS
- Horizon Health Wellness

## MEDICATION ASSISTED TREATMENT PROVIDERS

## **BAART Programs**

## https://baartprograms.com/

BAART Behavioral Health Services provides high- quality patient focused MAT treatment for pregnant women, and a comprehensive treatment program that addresses medical, prenatal obstetrical, psychosocial and addiction issues.

#### **Services Include:**

- Methadone maintenance
- Individualized substance use disorder counseling
- Case management
- Coordinated treatment during pregnancy
- Addiction education

#### **MAT Medications:**

Methadone

Contact Information	Referral Details	Hours of Operations
*OTP 908 A W. Chandler Blvd. Chandler, AZ 85225 P: 480-899-0200 F: 480-899-0202	Call: 480-899-0200	Medication Hours Monday - Friday: 4:30 a.m 11 a.m. Saturday: 6 a.m 8 a.m. Closed Sunday & Most Holidays

## Behavioral Awareness Center (BAC)

#### http://www.bacmethadone.com/

Behavioral Awareness Center provides Level 1 outpatient and Level 2 intensive outpatient treatment services in addiction medicine. MAT medications: Suboxone, and Methadone in liquid, tablet, and diskets form. Staff monitor pregnancy while providing education.

#### Services:

- Relapse Prevention Education
- Group Counseling
- Individual Counseling

- Methadone
- Suboxone

- Motivational Enhancement
- Family therapy
- Educational Groups

Contact Information	Referral Details	Hours of Operations
2002 W. Anklam Rd. Tucson, AZ 85745	Call: 520-629-9126	Monday – Friday: 5 a.m. – 6 p.m.
<b>P:</b> 520-629-9126 <b>F:</b> 520-629-9282		Saturday: 7 a.m. – 12 p.m.
		Closed Sunday & Most Holidays

# Canyonlands Healthcare

## https://canyonlandschc.org

At Canyonlands Healthcare, we offer integrated health care, a collaboration between your primary care physician, and mental health therapist to address your physical, psychological, and emotional needs for individuals, families, and small groups. We offer MAT services for pregnant women, using MAT induction process, but treatment is altered as needed to meet specific needs.

## **Services Include:**

- Individualized, family and group Counseling
- Case Management
- Addiction Education
- Psychotherapy
- Evaluations
- Medication Management

#### MAT Medications:

Subutex

We also have free Narcan available for overdose reversal.

Contact Information	Referral Details	Hours of Operations
5860 South Hospital Drive, Suite 102 *OBOT Globe, AZ 85501	Call: 928-428-1500 X3322	Monday-Friday: 7 a.m. – 6 p.m. Closed for lunch:
<b>P</b> : 928.402.0491 <b>F</b> : 928.402.0490		12 p.m. – 1 p.m.
2016 W. 16th St. *OBOT Safford, AZ 85546	Call: 928-428-1500 X3322	Monday – Friday: 7 a.m. – 6 p.m.
<b>P:</b> 928-428-1500 <b>F:</b> 928-428-1555		Closed for lunch: 12 p.m. – 1 p.m.
1615 S 1st Ave, Safford, AZ 85548 <b>P:</b> 928.348.1701 <b>F:</b> 928.428.8131	MAT Call: 928-428-1500 X3322	Wednesday: 8 a.m. – 12 p.m.

## Clean Slate

### https://www.cleanslatecenters.com

We provide medication-assisted treatment and an individualized treatment plan for each patient suffering from opioid, alcohol, and heroin addiction. Our physicians and care coordinators work closely with other medical and behavioral health providers and social services organizations to support every aspect of our patients' recovery.

#### MAT Medications:

- Subutex
- Suboxone
- Vivitrol
- Sublocade

Contact Information	Referral Details	Hours of Operations
15255 N. 40th St, Bldg. 5, Suite 135 Phoenix, AZ 85032 <b>P:</b> 480-417-4215 <b>F:</b> 602-900-5105	Call: 480-417-4215 Fax:602-900-5105 email: amagras@cleanslatecenters.com	Monday, Tuesday, Thursday: 9 a.m 5 p.m. Wednesday: 9 a.m 8 p.m. Friday: 9 a.m 2 p.m.
7725 N. 43rd Ave, #522 Phoenix, AZ 85051 <b>P:</b> 480-729-8341 <b>F:</b> 623-233-6570	Call: 480-417-4215 Fax:602-900-5105 email: amagras@cleanslatecenters.com	Tuesday: 1:30 p.m. – 5 p.m. Thursday: 9 a.m. – 5 p.m.
8410 W. Thomas Rd. Phoenix, AZ 85037 <b>P:</b> 480-417-5289 <b>F:</b> 602-812-7491	Call: 480-417-4215 Fax:602-900-5105 email: amagras@cleanslatecenters.com	Monday, Tuesday, Thursday: 9 a.m 5 p.m. Wednesday: 9 a.m 8 p.m. Friday: 9 a.m 2 p.m.
2451 E Baseline Rd, 430 Gilbert, AZ 85234 <b>P:</b> 602-313-4391 <b>F:</b> 480-699-4427	Call: 480-417-4215 Fax:602-900-5105 email: amagras@cleanslatecenters.com	Monday, Tuesday, Thursday: 9 a.m. – 5 p.m. Wednesday: 9 a.m. – 8 p.m. Friday: 9 a.m 2 p.m.

## **CODAC Health Recovery Wellness**

## http://www.codac.org/

CODAC Health, Recovery & Wellness provides treatment and support services to the families of babies exposed to drugs during pregnancy. This includes pregnant/postpartum women, spouses/partners, and their families. The treatment is convenient, compassionate, and effective offered at Tucson Medical Center (TMC). The treatment team can help connect and coordinate care with primary care, OB/GYN, psychiatry and other health care providers, as necessary.

#### **Services:**

- Therapy and support groups alongside women with similar experiences.
- Individual, couples, and family therapy are provided by therapists who are knowledgeable about women's concerns, health, and well-being.
- Skills Workshop
- Case management
- Residential Treatment Facility for pregnant and postpartum women with Substance Use Disorder.
- On-site pharmacy and lab
- Additional support for postpartum depression and other mood disorders related to pregnancy and childbirth.

## **Parenting Skills:**

We provide tools and opportunities for parents to practice new skills such as:

- How to nurture and soothe a baby
- Responding to distress cues
- Over-stimulation support
- Implementing a routine and schedule
- Self-care

#### **Alpha Team:**

The Alpha Team program follows criminal cases involving CODAC members from the point of incarceration to final adjudication. The team supports CODAC staff and members by meeting members at the jail, attending court hearings as well as jail and/or probation staffing.

- Methadone
- Suboxone
- Vivitrol

Contact Information	Referral Details	Hours of Operation
CODAC Medicated Assisted Addiction Treatment *OTP 380 E. Fort Lowell Rd. Tucson, AZ 85705 F: 520-792-4977	Call: 520-327-4505 24/7 MAT Phone: 520-202-1786	Monday - Friday: 5 a.m 4 p.m.
CODAC at Alvernon 630 N. Alvernon Way. Tucson, AZ 85711	Call: 520-327-4505	Monday – Friday: 7 a.m. – 6 p.m.
CODAC at Cobblestone 1075 E. fort Lowell Rd. Tucson, AZ 85719	Call: 520-327-4505	Monday – Friday: 8 a.m. – 5 p.m.

Women's Recovery Services 502 N. Silverbell Rd. Tucson, AZ 85745	Call: 520-202-1716	Monday - Friday: 8 a.m 5 p.m.
After Hours Support (Safety Zone)	Call: 520-202-1950	All day on weekends & holidays 7 p.m 7 a.m.

## Community Bridges Inc.

## https://communitybridgesaz.org/

CBI offers psychiatric services for people with general mental health needs in an outpatient environment. Using what we call a Patient-Centered Medical Care model, we promote an open partnership between practitioners, patients, and their families. We treat an individual's mental health using an integrated approach because we know mental well-being goes hand in hand with physical well-being and recovery. A variety of treatments are used, including psychotherapy, medication, and psycho-social interventions to build a unique treatment plan for each individual.

CBI coordinates patient care and treatment plans with other specialists to ensure a patient's needs are met, through support from peers with shared experiences, patients find a new purpose through our one-on-one case management in a setting that models the importance of healthy support systems.

#### **Medication Assisted Treatment (MAT):**

CBI uses best practices to help adults with opioid dependency of prescription pain medications, fentanyl, and heroin. Our Medication Assisted Treatment (MAT) program is a "whole patient approach" to substance use disorder, as described by the National Institute on Drug Abuse. Treatments include a multi-disciplinary approach with medication, counseling, and behavioral therapies. MAT protocols are directed by licensed medical practitioners and supported by a clinical team of registered nurses, behavioral health specialists, peer support specialists, and transition coordinators. We monitor patients' mental and physical health, while integrating therapy and peer services.

#### **Opioid Treatment (MAT)**

- Evaluation and Medical Consultation
- Medical Detoxification
- Outpatient Treatment Groups
- Primary Medical Care
- Psychiatric Evaluation and Treatment
- Peer Support
- Continuum of Care
- Relapse Prevention
- Individual Counseling
- Family Education

#### MAT Medications varied by clinic:

- Suboxone
- Vivitrol
- Methadone

Contact Information	Referral Details	Hours of Operation
<b>Avondale* OTP</b> 824 N. 99 <sup>th</sup> Ave. Suite 107 & 108 Avondale, AZ 85323 <b>P:</b> 623-643-9678	Call: 623-643-9678, 877-931-9142 Email: Cgipreferrals@cbridges.com	Monday - Thursday: 8 a.m 8 p.m. Friday: 8 a.m 5 p.m.
Casa Grande 675 E. Cottonwood Ln. Casa Grande, AZ 85122 P: Outpatient Service 520-426-2058 P: 520-426-0088	Call: 520-426-0088 Email: Cgipreferrals@cbridges.com	Inpatient 24/7  Outpatient  Monday – Friday: 8 a.m. – 5 p.m.
Globe Outpatient Service Center 5734 East Hope Lane, Suite 2 Globe, AZ 85501 P: 928-425-2415 F: 928-425-2464	Fax: 928-425-2464	Monday – Friday: 8 a.m. – 5 p.m.
<b>Detox</b> 560 S. Bellview, Room A Mesa, AZ 85204	Call: 877-931-9142	Monday – Sunday: 6 a.m 8 p.m.
Center for Hope Women Residential 554 S. Bellview Mesa, AZ 85204 P: 480-461-1711 F: 480-833-5772	Call: 480-461-1711	Outpatient Monday – Friday: 8 a.m. – 6 a.m.
Cactus 1520 E Pima St. Phoenix, AZ 85034 P: 602-407-6280	Call: 602-407-6280	Monday – Friday: 8 a.m. – 5 p.m.
<b>Tucson</b> 250 S. Toole Ave. Tucson, AZ 85701 <b>P:</b> 520-323-1312 <b>F:</b> 520-617-5518	Call: 520-617-5518	Monday – Friday: 8 a.m. – 5 p.m.
Yuma *OTP 3250 E 40 <sup>th</sup> St. Yuma, AZ 85365 P: 928-373-6743 F: 480-7752452	Call: 928-373-6743	MAT Services Monday - Friday: 5 a.m 6 p.m. Saturday: 5 a.m 8 a.m.
Crisis Mobile Team by County Cochise, Graham, Greenlee, La Paz, Pinal, Santa Cruz	Call: 866-495-6735	24 hours

<b>Crisis Mobile Team by County</b> Gila River and Ak-Chin Indian Communities	Call: 800-259-3449	24 hours
Crisis Mobile Team by County Maricopa County	Call: 800-631-1314	24 hours
Crisis Mobile Team by County Pima County	Call: 520-405-5047 during business hours 866-495-6735 After hours	24 hours
Crisis Mobile Team Salt River Pima Maricopa Indian Community	Call: 855-331-6432	24 hours

## Community Medical Services (CMS)

#### https://communitymedicalservices.org/

Community Medical Services (CMS) provides ASAM Level 1 Outpatient Opioid Maintenance Treatment services for all members including pregnant women with a diagnosis of opioid use disorder (OUD). Members participate in case management, medication management, group, and individual counseling where members can work on relationship healing and restoration, and increase and enhance self-awareness, self-sufficiency, and self-responsibility. CMS works closely with DCS and do a lot of education to our moms about DCS involvement. Members receive counseling weekly for the first 90 days and no less than 1x per month after 90 days.

#### The purpose of the program is to:

- Increase understanding and insight about the disease of addiction by providing continuous education about all physical, mental, emotional, psychological, financial, legal, social, and relational aspects of chemical dependency and the subsequent recovery process.
- **MAT Medications:** 
  - Methadone
  - Suboxone
  - Vivitrol
  - Sublocade

Teach appropriate life skills that assist in the progressive development of physical, mental, emotional, and social. And encouraging healthy coping strategies and interventions by learning the negative effects of illicit and illegal drugs.

Contact Information	Referral Details	Hours of Operations
Casa Grande *OTP  440 N. Camino Mercado St., Suite #2 Casa Grande, AZ 85122 P: 520-424-7390 F: 520-509-1287	Call: 855-203-6352	Medicating Hours  Monday - Friday: 5 a.m 10 a.m.  Saturday: 6 a.m 9 a.m.  Holidays: 6 a.m 9 a.m.  Counseling Hours  Monday - Friday: 5 a.m 10 a.m.  Saturday: 6 a.m 9 a.m.
Lake Havasu *OTP (servicing La Paz County) 329 Lake Havasu Ave. Lake Havasu, AZ 86403 P: 928-764-7266 F: 928-302-3615	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m11:30 a.m.  Saturday: 6 a.m 9 a.m.  Holidays: 6 a.m 9 a.m.  Counseling Hours  Monday - Friday: 4:30 a.m1:30 p.m.
Mesa on Main *OTP 2940 E. Main St. Mesa, AZ 85213 P: 480-977-1500 F: 480-912-1309	Call: 855-203-6352	Monday - Saturday: 4:30 a.m 3:30 p.m.
Mesa *OTP 6116 E Arbor Ave, #104 Mesa, AZ 85206 P: 480-499-4599 F: 480-656-5687	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m11:30 p.m.  Saturday: 6 a.m 8 a.m.  Counseling Hours  Monday - Friday: 4:30 a.m 11:30 a.m.
Nogales *OTP 274 W. Viewpoint Drive Nogales, AZ 85621 P: 520-924-8900 F: 520-281-1421	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m 11:30 a.m.

		Saturday: 6 a.m 9 a.m.  Holidays: 6 a.m 9 a.m.  Counseling Hours  Monday - Friday: 4:30 a.m 11:30 a.m.
23rd Ave (24/7) *OTP 7830 N. 23rd Ave. Phoenix, AZ 85021 P: 602-775-5634 F: 602-237-5497	Call: 855-203-6352	New Intake Hours 24/7  Medicating Hours  Sunday - Saturday: 4:30 a.m 8 p.m.  Counseling Hours  Sunday - Saturday: 4:30 a.m 8 p.m.
Peoria *OTP 10689 N. 99th Ave. Peoria, AZ 85345 P: 623-233-1333 F: 623-234-8333	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m 1:30 p.m.  Saturday: 5 a.m 10 a.m.  Holidays: 5 a.m 10 a.m.  Counseling Hours  Monday - Friday: 4:30 a.m 1:30 p.m.
Alpha *OTP 3825 N. 24th St. Phoenix, AZ 85016 P: 602-955-7997 F: 602-954-0980	Call: 855-203-6352	Medicating Hours  Monday - Saturday: 4:30 a.m 3:30 p.m.  Sunday: Closed  Holidays: 5 a.m10 a.m.  Counseling Hours  Monday - Saturday: 4:30 a.m 3:30 p.m.
Northern *OTP 2301 W. Northern Ave. Phoenix, AZ 85021 P: 602-866-9378 F: 602-866-9394	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m 6 p.m.  Saturday: 5 a.m 2 p.m.

		Holidays: 5 a.m 2:00 p.m.  Counseling Hours  Monday - Friday: 4:30 a.m 6 p.m.  Saturday: 5 a.m 2 p.m.
Safford *OTP 102 E. Main St. Safford, AZ 85546 P: 928-985-2700 F: 928-792-2829	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m 11:30 a.m.  Saturday: 6 a.m 9:00 a.m.  Holidays: 6 a.m 9 a.m.  Counseling Hours  Monday - Friday: 4:30 a.m 11:30 a.m.  Saturday: 6 a.m 9 a.m.
Sierra Vista *OTP 302 El Camino Real, Bldg. 10, Suites C & D Sierra Vista, AZ 85635 P: 520-895-6300 F: 520-263-4594	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m 11:30 a.m.  Saturday: 6 a.m 9 a.m.  Holidays: 6 a.m 9 a.m.  Counseling Hours  Monday - Friday: 4:30 a.m 11:30 a.m.  Saturday: 6 a.m 9 a.m.
Broadway Tucson *OTP 6802 E. Broadway Tucson, AZ 85710 P: 520-314-1400 F: 520-203-7539	Call: 855-203-6352	Medicating Hours  Monday - Friday: 4:30 a.m 11:30 a.m.  Saturday: 6 a.m 9 a.m.  Holidays: 6 a.m 9 a.m.  Counseling Hours

		Monday - Friday: 4:30 a.m 11:30 a.m.
Northwest Tucson *OTP	Call: 855-203-6352	Medicating Hours
2001 W. Orange Grove Rd. Ste. 202 Tucson, AZ 85704		Monday - Friday: 4:30 a.m 11:30 a.m.
<b>P:</b> 520-775-3500 <b>F:</b> 520-742-4764		Saturday: 6 a.m 9 a.m.
		Holidays: 6 a.m. – 9 a.m.
		Counseling Hours
		Monday - Friday: 4:30 a.m 11:30 a.m.
		Intake Hours
		Monday - Friday: 4:30 a.m 2:30 p.m.
Yuma *OTP	Call: 855-203-6352	Medicating Hours
501 W 8th Street. Yuma, AZ 85364 <b>P:</b> 928-291-3565		Monday – Friday: 4 a.m 8 p.m.
<b>F:</b> 928-318-2109		Saturday – Sunday: 4 a.m 12 p.m.
		Holidays: 4 a.m. – 2 p.m.
		Counseling Hours
		Monday - Friday: 4 a.m 8 p.m.

## Community Partners Integrated Health

## http://www.communitypartnersinc.org/

As one of the first licensed integrated care clinics in Arizona. At CPIH, members will receive excellent behavioral and physical healthcare under one roof. Experience whole-personcentered planning to achieve greater wellness at home and in the community. Our wellness centers specialize in integrated healthcare that is tailored to the individual's health needs. Telemedicine options are also available.

#### **Services include:**

- Primary Medical Care
- Mental Health
- Substance Use Recovery Groups
- Individual Counseling
- Peer Support

- Nutrition Education
- Chronic Disease Management
- Tobacco Cessation
- Health Screenings
- Member Employment Training

- Lab Services
- Case Management
- Parenting Skills

#### MAT Medications:

Buprenorphine

Contact Information	Referral Details	Hours of Operation
Desert Palm MAT Clinic 1021 E. Palmdale St. Suite 130 Tucson, AZ 85714 P: 520-407-5353 F: 520-207-0542	Email: CPIHenrollment@ communitypartnersinc.org	Monday - Friday: 8 a.m. – 5 p.m.

## COPE Community Services Inc.

## http://www.copecommunityservices.org/

COPE offers outpatient behavioral health services to adults with general mental health (GMH) needs, and/or substance use disorder. COPE's Methadone and Buprenorphine programs assist in reducing or eliminating opioid drug use by combining opioid agonist medication and counseling services that assist Pregnant members with relapse prevention, prenatal care, coordinating care, throughout the pregnancy and post-partum.

COPE'S outpatient sites provide any combination of the following services:

- Individual, Family, And/or Group Counseling
- Medication services provided by a psychiatrist, nurse practitioner, or nurse
- Court-ordered treatment for members ordered to participate in behavioral health treatment by the courts
- Case Management
- Acupuncture
- Housing
- Recovery Support

- Methadone
- Buprenorphine

- Opioid Treatment
- Health Education
- Residential
- Substance Abuse Treatment Prevention
- Assistance with homemaking and personal care
- Young Adult Program
- Living skills training (i.e., teaching independent living, social, and communication skills

Contact Information	Referral Details	Hours of Operation
<b>5th Street Clinic *OTP</b> 5401 E. 5th St. Tucson, AZ 85712 <b>P:</b> 520-879-6680 <b>F:</b> 520-903-1130	Call: 520-205-4732	Monday - Friday: 4:30 a.m 12:30 p.m. Saturday: 6 a.m 10 a.m.
Northwest Integrated Care Clinic * OTP 5840 N. La Cholla Blvd. Tucson, AZ 85741 P: 520-498-3900 F: 520-544-7542	Call: 520-205-4732	Monday - Friday: 8:00 am - 5:00 pm
La Cholla Clinic * OTP 1501 W. Commerce Court Tucson, AZ 85746 P: 520-741-3180 F: 520-881-1347	Call: 520-205-4732	Monday and Friday: 8 a.m. – 5 p.m.
Lakeside Integrated Care Clinic 8050 E. Lakeside Parkway Tucson, AZ 85730 P: 520-584-5820 F: 520-514-1514	Call: 520-205-4732	Monday - Friday: 8 a.m. – 5 p.m.
Mesquite Clinic 2435 N. Castro Avenue Tucson, AZ 85705 P: 520-622-8030 F: 520-622-8012	Call: 520-205-4732	Monday - Friday: 8 a.m. – 5 p.m.

## Crossroads Inc.

## https://thecrossroadsinc.org/

Crossroads is an Integrated Healthcare model clinic that focuses on residential and IOP SUD, MAT, and Women's Health. Women's Health Nurse Practitioner works with pre-natal care for normal pregnancies. We assist pregnant Members in their first and second trimester. And early third trimester if there is potential for assistance this is determined on a case-by-case basis.

#### **Crossroads Services:**

- Individual, Family, And/or Group Counseling
- 12-step meetings and SMART Recovery groups
- Coordination of care/family involvement
- 96-hours of Relapse Prevention and Life Skills education
- Transportation assistance
- Physical and mental health referrals
- Peer Mentoring

• Individualized assessments

#### **MAT Medications:**

- Methadone
- Buprenorphine

Contact Information	Referral Details	Hours of Operation
Crossroads - Arcadia for Men 1700 E. Thomas Rd. Phoenix, AZ 85016 P: 602-263-5242 F: 602-595-4434	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.
Crossroads - East for Men 1845 E Ocotillo Rd Phoenix, AZ 85016	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.
Crossroads - Extension for Women 244 N Extension Rd Mesa, AZ 85201	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.
Crossroads - Flower for Women 1632 E Flower St, Phoenix AZ 85016	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.
Crossroads - Midtown for Men 3702 N 13th Ave Phoenix, AZ 85013	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.
Crossroads - Red Mountain for Men 143 S Center St. Mesa, 85210	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.
Crossroads - West for Men 7523 N 35th Ave, Phoenix, AZ 85051	Call: 602-263-5242 E-mail: admissions@thecrossroadsinc.org	Monday - Saturday: 8 a.m 4 p.m.

## El Rio Health

## https://www.elrio.org/

At El Rio Health, services are provided by Psychiatrists or PMHNPs, Licensed Independent Social Workers/Licensed Professional Counselors and Behavioral Health Case Managers. Medication Assisted Treatment – Services provided by two Psychiatrists to help improve the management of patients who have chronic pain or opioid dependence with suboxone.

#### **MAT Medications:**

- Subutex
- Suboxone

Contact Information	Referral Details	Hours of Operation
Cherrybell 1230 S. Cherrybell Stravenue Tucson, AZ 85713 P: 520-628-8287 F: 520-309-2560	Call: 520-670-3909	Monday - Friday: 8 a.m 8 p.m. Saturday: 8 a.m 4 p.m.
Congress 839 W. Congress St. Tucson, AZ 85745 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday - Friday: 7 a.m 8 p.m. Saturday: 8 a.m 4 p.m.
El Pueblo 101 W. Irvington Rd. Bldg. 10 Tucson, AZ 85714 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday - Friday: 7 a.m 8 p.m. Saturday: 8 a.m 4 p.m.
Northwest 320 W. Prince Rd./340 W. Prince Rd. Tucson, AZ 85705 P: 520-670-3909 F: 520-309-2560	Call: 520-670-3909	Monday - Friday: 7 a.m 8 p.m. Saturday: 8 a.m 4 p.m.
<b>Southeast</b> 6950 E. Golf Links Tucson, AZ 85730 <b>P:</b> 520-670-3909 <b>F:</b> 520-309-2560	Call: 520-670-3909	Monday - Friday: 7 a.m 8 p.m. Saturday: 8 a.m 4 p.m.

#### Horizon Health Wellness

## http://www.hhwaz.org/

Horizon Health Wellness is an integrated clinic providing medical and psychiatric care. We provide all general mental health services including psychiatric assessments, medication management, counseling (individual, group, and family), family support, peer supports, and case management.

Our MAT Program is called STOP: Substance Abuse Treatment for Opiate Addiction Program and it is managed with our primary care provider. **We treat Post-partum mothers, and breastfeeding mothers eligible for Suboxone.** 

#### **Court Ordered Programs:**

Intakes, treatment, and education as required by the state, these services are self-pay: DUI, Domestic Violence and Anger Management Classes

## **Therapeutic Services:**

- Dialectical Behavioral Therapy (DBT) Intensive Outpatient (IOP)
- Eye Movement Desensitization and
   Trauma Counseling Reprocessing (EMDR)

Most services are offered at every location, including MAT services. Outlier clinics use telemed when a live provider is unable to be present.

#### **MAT Medications:**

• Suboxone (Post-partum mothers, and breastfeeding mothers only)

Contact Information	Referral Details	Hours of Operation
<b>Apache Junction *OBOT</b> 625 N. Plaza Dr. Apache Junction, AZ 85120 <b>P:</b> 480-983-0065 <b>F:</b> 480-983-0896	Call: 480-983-0065 Email: <u>Call.center@hhwaz.org</u>	Monday – Thursday: 8 a.m. – 7 p.m. Friday: 8 a.m. – 5 p.m.
Casa Grande 210 E. Cottonwood Ln. Casa Grande, AZ 85122 P: 520-836-1688 F: 520-876-1796	Call: 480-983-0065 Email: <u>Call.center@hhwaz.org</u>	Monday – Friday: 8 a.m. – 6 p.m.
Crisis Stabilization /Observation *OBOT 450 W. Adamsville Rd. Florence, AZ 85132 P: 520-635-6336 F: 520-868-8134  Outpatient Behavioral Health P:520-635-6300	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8 a.m. – 5 p.m.
<b>Globe</b> 415 W. Baseline Spur Globe, AZ 85501 <b>P:</b> 928-402-9297 <b>F:</b> 928-402-9414	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8 a.m. – 5 p.m.
Habilitation- Day Program & Group Home 160 W. University Dr. Mesa, AZ 85201 P: 480-983-0065	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday - Thursday: 8 a.m 7 p.m. Friday: 8 a.m 5 p.m.

Nogales Habilitation Day Program 412 N. Morley Ave, Nogales, AZ 85621 P: 520-287-9678	Call: 480-983-0065 Email: <u>Call.center@hhwaz.org</u>	Monday – Friday: 8 a.m. – 4 p.m.
Queen Creek 22713 S. Ellsworth Rd. Building A, Suite 101, Queen Creek, AZ 85142 P: 480-474-5670 F: 480-987-7643	Call: 480-983-0065 Email: <u>Call.center@hhwaz.org</u>	Monday - Friday: 8 a.m 5 p.m.
San Pedro Valley – Oracle 980 E. Mt Lemmon Rd. Bldgs. 1 & 2 Oracle, AZ 85623 P: 520-896-6019 F: 520-896-2035	Call: 480-983-0065 Email: <u>Call.center@hhwaz.org</u>	Monday – Friday: 8 a.m. – 5 p.m.
<b>Kearny</b> 374 Alden Rd. Kearny, AZ 85137 <b>P:</b> 520-363-9578 <b>F:</b> 520-363-9592	Call: 480-983-0065 Email: <u>Call.center@hhwaz.org</u>	Monday – Friday: 8 a.m. – 5 p.m.
Yuma 791 South 4th Ave, Yuma, AZ 85364 P: 928-783-3986 F: 928-783-0283	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8 a.m. – 5 p.m.

# **Hushabye Nursery**

#### http://www.hushabyenursery.org

Hushabye Nursery offers a 12-room inpatient detox nursery specializing in the treatment of babies born with NAS and outpatient family services (pre- and post-natal) for continuous care. Our services are available to Arizona families experiencing substance use disorder.

Hushabye Opioid Pregnancy Preparation & Empowerment (HOPPE) Program prepares women for pregnancy, birth, and caring for an infant in the Neonatal Abstinence Program and helps navigate the Division of Child Safety (DCS) process.

#### Services:

• Case Management

• Inpatient Neonatal Detox

Counseling

Psychoeducation

Contact Information	Referral Details	Hours of Operation
3003 E. McDowell Rd Phoenix, AZ 85008 <b>P:</b> 480-628-7500	Call: 480-628-7500	Outpatient hours Monday – Friday: 8 a.m. – 5 p.m.

## **Intensive Treatment Systems**

### http://www.itsofaz.com

Intensive Treatment Systems (ITS) is a, outpatient substance use treatment program providing Medication Assisted Treatment (MAT) to patients who are affected by Opioid Use Disorder and/or Alcohol Use Disorder. The primary treatment objective of ITS is to help patients free themselves from the dysfunctional pattern of drug and alcohol use.

Our aim is to guide members toward a drug and alcohol-free lifestyle with improved personal and vocational functioning. Medication services are provided 24 hours a day 7 days a week and closely monitored by qualified medical staff, who emphasize safety and a comprehensive approach to the patient's treatment. Counseling and case management services are provided by addictions professionals who utilize Motivational Interviewing and other evidenced based practices to ensure exceptional recovery-oriented and patient centered treatment.

#### Services:

- Counseling
- Peer Support
- Case Management

- Methadone
- Suboxone
- Vivitrol

Contact Information	Referral Details	Hours of Operation
Main Clinic *OTP 651 W. Coolidge Street Phoenix, AZ 85013 P: 602-248-0550 F: 602-248-0557	Call: 855-245-6350 Email: <u>Intake@itsofaz.com</u>	Monday – Saturday: 4 a.m. – 12 p.m.
North Clinic*OTP 19401 N. Cave Creek Road, Ste # 18 Phoenix, AZ 85204 P: 602-996-0099 F: 602-996-1915	Call: 855-245-6350 Email: <u>Intake@itsofaz.com</u>	Monday – Saturday: 4 a.m. – 8 p.m.
West Clinic COE *OTP 4136 N. 75th Avenue, Suite #116 Phoenix, AZ 85033 P: 623-247-1234 F: 623-247-4321	Call: 855-245-6350 Email: <u>Intake@itsofaz.com</u>	24 hours a day. 7 Days a week Intakes 24 Hours a Day

#### San Tan Clinic \*OTP

36375 N. Gantzel RD. #101

San Tan, AZ 85140 P: 602-666-1902 F: 602-666-1920 Call: 855-245-6350

Email: <u>Intake@itsofaz.com</u>

Monday – Saturday: 5 a.m. – 1 p.m.

#### La Frontera Center Inc

## http://www.lafronteraaz.org/

At Hope Center, is an Intensive Outpatient program, that requires 9 hours per week of intensive group-based work for people with SUD. We monitored the administration of methadone and suboxone for treatment of opiate use disorders utilizing the Matrix Model. Services to treat members include: Counseling, Skills Training, Peer Support, Support to maintain employment, Psycho educational services, Counseling Medication Services, Psychotherapy.

#### **Intensive Outpatient Program:**

9 hour a week intensive group-based program for people with SUD. Utilizes the Matrix Model.

Domestic Violence Screening, Treatment, & Education Group based treatment and education on the effects of domestic violence using the Duluth Model. Approved by the Courts.

## **DUI Screening, Treatment & Education:**

Group based treatment and education for individuals arrested while driving under the influence of alcohol and/or drugs.

#### **Comprehensive Employment:**

Services Pre-vocational services, job development and placement, supported employment, and extended supported employment for individuals with behavioral health issues.

#### **Peer Training Institute:**

Instruction and training for peers wishing to become state certified.

#### **Medication Assisted Treatment:**

Monitored administration of methadone and suboxone for treatment of opiate use disorders.

#### **Evidence Based Trauma Therapy:**

For borderline personality disorder, mood disorder, trauma.

- EMDR
- Intensive DBT

- Methadone
- Suboxone
- Buprenorphine

Contact Information	Referral Details	Hours of Operation
La Frontera East Clinic *OBOT 4891 E. Grant Rd, Tucson, AZ 85712 P: 520-296-3296	Intake: 520-838-3804 Email: enroll@lafrontera.org Fax for Referral: 520-884- 1135	Monday - Friday: 8 a.m 5 p.m.
Hope Center *OTP 260 S. Scott Tucson, AZ 85701 P: 520-884-8470	Intake: 520-838-3804 Email: enroll@lafrontera.org Fax for Referral: 520-884- 1135	Monday - Friday: 5 a.m 12 p.m. Saturday: 6 a.m 9 a.m.
La Frontera 502 W 29th St Tucson, AZ 85713 P: 520-884-9920	Intake: 520-838-3804 Email: enroll@lafrontera.org Fax for Referral: 520-884- 1135	Monday - Friday: 8 a.m 5 p.m.

## Marana Healthcare Center Inc.

#### http://www.mhchealthcare.org

To receive MAT/OBOT services member must be 21 years and older w/OUD diagnosis confirmed by an MD/DO/NP. If member is Pregnant or actively seeking pregnancy. Currently using: Benzodiazepines, alcohol, and cocaine. Our clinic offers individual, and Co-Ed group counseling, for Substance Use through our Intensive Outpatient Programs. Wellness Recovery Action Plan (WRAP) is an evidenced-based practice which has shown great success in recovery for members with substance use issues, and mental health conditions.

Over the course of 10-weeks, members learn about costs and consequences of drug and alcohol abuse, the relationship of familial factors on their substance use, the course and progression of substance use in their own lives and the impact of other environmental factors, identifying substance use triggers, and developing a simple relapse prevention plan.

#### **MAT Medications:**

Buprenorphine

Contact Information	Referral Details	Hours of Operation
Counseling and Wellness Center* OBOT 13395 N. Marana Main St. Bldg. B, Marana, AZ 85653 P:520-682-1091 F: 520-616-6799	Call: 520-616-6760	MAT  Monday: 7:30 a.m 5:30 p.m.  Tuesday, Wednesday, Thursday: 7:30 a.m 2:30 p.m.  Friday: 8 a.m 5 p.m.

Wilmot Family Health Center 899 N. Wilmot Rd, Tucson, AZ 85711 P: 520-290-1100 F: 520-290-8997	Call: 520-290-1100	Monday – Friday: 7 a.m. – 8 p.m.
Santa Catalina Health Center 16701 N. Oracle Rd #135, Tucson, AZ 85739 P: 520-825-6763 F: 520-825-6841	Call: 520-825-6763	Monday – Friday: 8 a.m. – 5 p.m.

## Mariposa Community Health Center (MCHC)

#### http://www.mariposachc.net/

One of our goals at Mariposa Community Health Center is to improve quality of life and reduce harm to patients with Opioid Use Disorder (OUD) utilizing Medication-Assisted Treatment with compassion and empathy. The medication we have chosen to prescribe is Buprenorphine and Naloxone. MAT Services are also offered to pregnant women by our trained OB-GYN. Mariposa's Pharmacy will dispense the medication to the patient to begin induction at the Center. The patient will continue treatment at home after clinical improvement is observed and the induction process is completed. A follow up appointment is required in 24 hours to monitor the patient's progress.

#### **MAT Medications:**

Buprenorphine

Contact Information	Referral Details	Hours of Operation
Nogales Campus *OBOT 1852 N. Mastick Way Nogales, AZ 85621 P: 520-281-1550	Call: 520-281-1550	MAT Monday - Friday: 8 a.m 4:40 p.m. Saturday: 9 a.m 1 p.m.

## New Hope Behavioral Health Center

### http://nhbhc.net/index.html

New Hope Behavioral Health Center is a MAT Out-Patient Methadone only treatment center for members with Opioid Use Dependency. We provide Methadone Maintenance Treatment as an outlet of MAT services to pregnant women. Individual and group counseling are available for members. Vocational Rehabilitation services are available for established MAT patients only.

#### **Services Provided:**

- Substance Abuse Treatment
- Detoxification
- Transportation

- Methadone Detoxification
- Counseling
- Case Management

## MAT Medications:

Methadone

Contact Information	Referral Details	Hours of Operation
*OTP 215 S. Power Rd. Ste. 114	Call: 480-981-1022 877-508-9490	Monday - Friday: 4:30 a.m 2:30 p.m.
Mesa, AZ 85206 <b>P:</b> 480-981-1022 <b>F:</b> 480-981-1405		Wednesday: 4:30 a.m 11:30 a.m. 12:30 p.m 2:30 p.m.
		Saturday: 6:30 a.m 8:30 a.m.

## Southwest Behavioral and Health Services

https://www.sbhservices.org/

Southwest Behavioral and Health Services offers a wide array of services for opiate treatment/MAT services, outpatient clinics including:

- Group Therapy
- Individual Therapy
- Case Management
- Family Support

- Peer Support
- Nursing Assessment
- Nursing Services
- Referral to high risk OB/GYN

- Methadone
- Buprenorphine

Contact Information	Referral Details	Hours of Operation
Main Office 3450 N. 3 <sup>rd</sup> St. Phoenix, AZ 85012 <b>P:</b> 602-265-8338	Email: CRUCareCoordinators@ SBHSERVICES.ORG	Monday - Thursday: 8 a.m 7 p.m. Friday: 8 a.m 5 p.m.
<b>7<sup>th</sup> Avenue Outpatient *OTP</b> 1424 S. 7 <sup>th</sup> Ave., Bldg. C Phoenix, AZ 85007 <b>P:</b> 602-258-3600	Email: Dr. Laurie Cessna, Program Director LaurieC@SBHSERVICES.ORG	Monday - Thursday: 8 a.m 7 p.m. Friday: 8 a.m 5 p.m.
<b>Broadway Outpatient</b> 4420 S. 32 <sup>nd</sup> St. Phoenix, AZ 85040 <b>P:</b> 602-268-8748	Email: CRUCareCoordinators@SBHSERVIC ES.ORG	Monday - Thursday: 8 a.m 7 p.m. Friday: 8 a.m 5 p.m.
Buckeye Outpatient 26428 W. MC85	Email: Ash Rees, Program Director AshleyR@SBHSERVICES.ORG	Monday - Thursday: 8 a.m 7 p.m.

Buckeye, AZ 85326 <b>P:</b> 623-882-9906		Friday: 8 a.m. – 5 p.m.
Empowerment Center 302 W. Aero Dr. Payson, AZ 85541 P: 928-474-2668	Email: Eddy O'Brien, Program Director EdwardO@SBHSERVICES.ORG	Monday – Friday: 8 a.m. – 4 p.m.
<b>Erickson Outpatient</b> 2632 E. Thomas Rd., #100 Phoenix, AZ 85016 <b>P:</b> 602-957-2507	Email: Dr. William Marsh, Program Director WilliamMa@SBHSERVICES.ORG	Monday - Thursday: 8 a.m 6 p.m. Friday: 8 a.m 5 p.m.
Mesa Outpatient 1255 W. Baseline Rd., Suite #138 Mesa, AZ 85202 P: 480-820-5422	Email: Christine Hoffman, Program Director christinehof@SBHSERVICES.ORG	Monday - Thursday: 8 a.m 7 p.m. Friday: 8 a.m 5 p.m.
Metro Outpatient 11221 N. 28 <sup>th</sup> Dr., Bldg. E Phoenix, AZ 85029 P: 602-997-2233	Email: Leah Rothman, Program Director LeahR@SBHSERVICES.ORG	Monday - Thursday: 8 a.m 7 p.m. Friday: 8 a.m 5 p.m.
<b>Aero</b> 404 W. Aero Dr. Payson, AZ 85541 <b>P:</b> 928-474-3303	Email: Eddy O'Brien, Program Director EdwardO@SBHSERVICES.ORG	Monday - Thursday: 8 a.m 6 p.m. Friday: 8 a.m 5 p.m.

#### Terros

## https://www.terroshealth.org/

Terros Health is a nonprofit, integrated care provider that offers integrity, compassion and empowerment while providing a continuum of care that includes primary medical care, wellness services, mental health care, addiction treatment and recovery. We serve individuals and families in comfortable and welcoming environment.

#### **Primary Medical Care:**

- Health Screenings
- Well Woman Exams
- Well Man Exams
- Immunizations
- Sports and Work Physicals
- Family Planning
- Family Focused Care
- Chronic Symptom Management
- Specialty Care Coordination

- Phlebotomy Services
- Pharmacy
- Preventive Care
- Smoking Cessation
- Safe Sex Education
- Telehealth
- Health, Nutrition and Weigh Loss Coaching
- HIV/STI Testing and Treatment

#### **Health and Wellness Care:**

- Health Screenings
- Mindfulness
- Wellness University Class
- Nutritional Counseling
- Chronic Disease Prevention
- Depression and Anxiety Screening

## **Counseling and Group Sessions:**

- Group counseling
- Family Therapy
- Psychiatric Medication Services
- Coaching and classes
- SMI services- adult
- Wellness classes
- Care Coordination

### **Addiction Treatment:**

- Medication Assisted Treatment (MAT)
- Office Base Opioid Treatment
- Group Counseling
- Specialty Counseling (EMDR, DBT)
- Psychiatric Medication Services
- Serious Mental Illness Services
- Intensive Outpatient
- Standard Outpatient
- Adult Therapies

Telehealth

Special Counseling (EMDR, DBT)

• Lifestyle Coaching and Counseling

- Individual Counseling
- Crisis Services
- Support Groups

Preventive Care

Primary Care Group Visits

**Smoking Cessation** 

Health Education

- Day Treatment
- Family Therapy
- Wellness Classes
- Support Groups
- Care Coordination
- Day Treatment
- Individual Counseling
- 24-Hour Residential Care
- Sober Living
- Crisis Services

- Buprenorphine
- Subutex

Contact Information	Referral Details	Hours of Operation
Campbell Avenue Counseling 3385 N. Campbell Ave. Tucson, AZ 85719	Call: 602-685-6000	Monday - Friday: 8 a.m 5 p.m. Saturday: 9 a.m 2 p.m.
Stapley Drive Integrated Care 1111 S. Stapley Dr., #5060 Mesa, AZ 85204 P: 602-302-7900	Call: 602-685-6000	Monday - Thursday: 8 a.m 8 p.m. Friday: 8 a.m 5 p.m.

		Primary Care Monday – Friday: 7 a.m. – 5 p.m.
Broadway Road Counseling 1232 E. Broadway Rd. #120 Tempe, AZ 85282 P: 602-685-600	Call: 602-685-6000	Monday - Thursday: 8 a.m 8 p.m. Friday: 8 a.m 5 p.m.
Priest Drive Recovery Center 1642 S. Priest Dr. Bldg. 6 – Ste. 101 Tempe, AZ 85281	Call: 602-685-6000	Monday - Friday: 7 a.m 5:30 p.m. Primary Care Monday - Thursday: 7:30 a.m 5 p.m.
McDowell Road Integrated Care 4909 E. McDowell Rd. #7735 Phoenix, AZ 85008 P: 602-302-7860	Call: 602-685-6000	Monday – Thursday: 8 a.m. – 8 p.m. Friday: 8 a.m. – 5 p.m. Primary Care Monday, Wednesday, Friday: 7:30 a.m. – 6 p.m.
Central Corporate Office 3003 N. Central Ave. #200 Phoenix, AZ 85012 P: 602-685-6000	Call: 602-685-6000	Monday – Friday: 8 a.m. – 5 p.m.
<b>32<sup>nd</sup> Street Counseling</b> 12835 N. 32 <sup>nd</sup> St. Phoenix, AZ 85032	Call: 602-685-6000	Monday - Friday: 8 a.m 5 p.m.
<b>27<sup>th</sup> Avenue Integrated Care</b> 3864 N. 27 <sup>th</sup> Ave. Phoenix, AZ 85017	Call: 602-685-6000	Monday - Thursday: 8 a.m 8 p.m. Friday - Saturday: 8 a.m 5 p.m. Primary Care Monday - Thursday: 8 a.m 6 p.m. Friday: 8 a.m 5 p.m.
<b>23<sup>rd</sup> Avenue Recovery Center</b> 8804 N. 23 <sup>rd</sup> Ave., Ste. A1/A2 Phoenix, AZ 85021	Call: 602-685-6000	Monday - Thursday: 7:30 a.m 5:30 p.m. Friday: 7:30 a.m 5 p.m.
Community Prevention 3202 N. 35 <sup>th</sup> Ave. #8 Phoenix, AZ 85017	Call: 602-685-6000	Monday – Friday: 9 a.m. – 5 p.m.

<b>51</b> st Avenue Recovery Center 4616 N. 51st Ave., Ste. 108 Glendale, AZ 85301	Call: 602-685-6000	Recovery Center Monday - Friday: 7 a.m 5 p.m.  LADDER Monday - Friday: 8 a.m 5 p.m.  Primary Care: Monday - Friday: 7:30 a.m 5:30 p.m.
Olive Avenue Integrated Care 6153 W. Olive Ave. Glendale, AZ 85302	Call: 602-685-6000	Monday - Thursday: 8 a.m 8 p.m. Friday - Saturday: 8 a.m 5 p.m. Primary Care Tuesday - Friday: 8 a.m 6 p.m.
HIV & STI Services 333 E. Indian School Rd. Phoenix, AZ 85012	Call: 602-685-6000	Monday - Friday: 9 a.m 4:30 p.m.
Phoenix Mobile Crisis 1802 E. Thomas Rd. Phoenix, AZ 85016	Call: 602-222-9444	

#### Valle del Sol

## http://www.valledelsol.com/

Valle del Sol offers an integrated approach to healthcare. Primary healthcare services are offered for children and adults in addition to behavioral health services. Combining primary care and mental health services allows for an integrated health care team to treat the whole person: mind, body, and spirit.

#### **Court-Ordered Treatment:**

Programming for individuals who are court -ordered or non-court ordered to complete the following treatment:

Anger Management

• Substance Abuse

Parenting

DUI

Domestic Violence

## **Outpatient Opioid Treatment Program:**

If you have an opiate addiction of at least 12 months and are at least 18 years old, Valle del Sol can help through a comprehensive Outpatient Opioid Treatment Program, Medication-assisted treatment program (MAT).

## Services:

- Individual Counseling
- Group Counseling
- Primary Care

- Medication Management
- Family Counseling
- Evaluations

- Methadone
- Suboxone

Contact Information	Referral Details	Hours of Operation
<b>Central Phoenix</b> 3807 N. 7 <sup>th</sup> St. Phoenix, AZ 85014 <b>P:</b> 480-407-4246	Call: 602-523-9312	Monday – Thursday: 7 a.m. to 7 p.m. Friday: 7 a.m. to 5 p.m.
<b>West Phoenix</b> 502 N. 27 <sup>th</sup> Ave. Phoenix, AZ 85009 <b>P:</b> 480-407-4347	Call: 602-523-9312	Monday - Thursday: 8 a.m. to 7 p.m. Friday: 8 a.m 5 p.m.
<b>South Phoenix *OTP</b> 1209 S. 1 <sup>st</sup> Ave. Phoenix, AZ 85003 <b>P:</b> 480-436-7409	Call: 602-258-6797 EXT. 1600 Email: opioid@valledelsol.com	Mondays - Friday: 4:30 a.m 4 p.m. Saturday: 6 a.m 12 p.m.
Central Phoenix 4117 N. 17 <sup>th</sup> St. Phoenix, AZ 85016 P: 480-407-4323 F: 602-218-8651	Call: 602-218-8650 Email: CourtOrdered@valledelsol.com	Screenings/Assessments Monday – Friday: 9 a.m. – 4 p.m.
Maryvale 8410 W. Thomas Rd., Ste. 116 Phoenix, AZ 85037 P: 480-407-4297 F: 602-218-8651	Call: 602-218-8650 Email: CourtOrdered@valledelsol.comthe	Screenings/Assessments Monday – Friday: 9 a.m. – 4 p.m.
Southeast Valley 4135 S. Power Rd., Ste. 108 Mesa, AZ 85212 P: 480-407-4334	Call: 602-523-9312	Monday & Tuesday: 8 a.m. – 5 p.m. Wednesday: <i>By</i> appointment only Thursday: 8 a.m. – 4 p.m.
East Valley *OTP 334 W. 10 <sup>th</sup> Pl., Ste. 100 Mesa, AZ 85201 <b>P:</b> 480-407-4360	Call: 602-258-6797 EXT. 1600 Email: opioid@valledelsol.com	Monday - Friday: 4:30 am - 11 a.m. Saturday: 6 a.m 12 p.m.

# POSTPARTUM SUPPORT

# Postpartum Support International

## https://www.postpartum.net/

Postpartum Support International is a worldwide non-profit organization dedicated to helping women and families suffering from perinatal mood and anxiety. The organization offers support, reliable information, best practice training and volunteer coordinators in all 50 U.S. states and more than 35 countries.

## **Counseling and Group Sessions:**

- Support Groups
- Family
- Couples

- Individual
- Support Groups
- Medication in some cases

Contact Information	24 Hours Warmline	Website
Postpartum Support	Call/Text:	https://www.postpartum.net/
International	English: 800-944-4773	
	<b>Spanish</b> : 971-203-7773	

# SUPPORT GROUPS

#### **Al-Anon Family Groups**

(520) 323-2229 | <a href="https://al-anon.org/">https://al-anon.org/</a> | Self-support for the family and friends of alcoholics and adult children of alcoholics.

#### **Alcoholics Anonymous**

(520) 624-4183 | <a href="https://aatucson.org/">https://aatucson.org/</a> | Fellowship of men and women who maintain sobriety through sharing experience, strength, and hope.

#### **AZ Smoker's Helpline**

1-800-556-6222 | www.ashline.org

#### **CO-ANON**

(480) 442-3869 | <a href="https://co-anon.org/">https://co-anon.org/</a> | A fellowship for family and friends of someone who is chemically dependent on cocaine.

#### **Cocaine Anonymous - AZ**

(520) 326-2211 | <a href="https://test.catucson.org/">https://test.catucson.org/</a> | Fellowship of men and women who maintain sobriety from cocaine.

#### **Co-Dependents Anonymous (CODA)**

(888) 444-2359 | <a href="https://www.azdisabilitylaw.org/">https://www.azdisabilitylaw.org/</a> OR CoDA.org | 12-step self-help group for people who are working on healthy relationships.

#### **Debtors Anonymous**

1-800-421-2383 | <a href="https://www.debtorsanonymous.org/">https://www.debtorsanonymous.org/</a> | 12-step program for people who have debt and cannot stop spending.

#### **Depression and Bi-Polar Support Alliance**

(800) 826-3632 | <a href="https://www.dbsalliance.org/">https://www.dbsalliance.org/</a> | Offers education and support groups to people with depression and bi-polar disorder.

#### **Gamblers Anonymous**

520-570-7879 | <a href="http://www.gamblersanonymous.org/ga/">http://www.gamblersanonymous.org/ga/</a> | Self-help group for compulsive gamblers.

#### **Narcotics Anonymous**

520-881-8381 | <a href="http://www.natucson.org">http://www.natucson.org</a> | 12-step program where people manage their addiction to narcotics.

### **Nicotine Anonymous**

(469) 737-9304 | <a href="http://nicotine-anonymous.org">http://nicotine-anonymous.org</a> | 12-step support group for people wishing to stop using nicotine.

#### **Overeaters Anonymous**

(505) 891-2664| <a href="https://oa.org/">https://oa.org/</a> | A 12-step group for people who wish to stop compulsive eating.

## **Sex Addicts Anonymous**

1-800-477-8191 | <a href="https://saa-recovery.org/">https://saa-recovery.org/</a> | 12-step recovery program providing support for people with compulsive sexual behaviors.

## **Survivors of Incest Anonymous**

https://siawso.org/ | 12-step program for non-offending adult survivors of childhood sexual abuse.

#### **Survivors of Suicide**

https://afsp.org/support\_group/tucson-suicide-survivors-empact-2/

Support group for family and friends of people who died by suicide.

	Tucson	
El Rio Santa Cruz Neighborhood Health Center 1701 W Saint Marys Rd. Ste 160 Tucson, AZ 85745-2621 P: 520-628-8287 Ryan White HIV Care	Arizona Board of Regents, The University of Arizona 1501 N Campbell Ave #45039 Tucson, AZ 85724-0001 P: 520-694-8888	Cottonwood Tucson 4110 West Sweetwater Drive Tucson, AZ 85745 P: 520-743-0411
<b>Tihan</b> 2660 N. 1 <sup>st</sup> . Ave. Tucson, AZ 85719 <b>P:</b> 520-299-6647		
	Yuma	
Behavioral Analysis Counseling 3250 East 40th Street Suite A Yuma, AZ 85365 P: 928-341-4140	Horizon Health and Wellness 3180 East 40th Street Yuma, AZ 85365 P: 928-344-9490 Substance Abuse	Horizon Health and Wellness 791 South 4th Avenue Suites A and B Yuma, AZ 85364 P: 928-783-3986 Substance Abuse
Crossroads Mission of Yuma 944 South Arizona Avenue Building 300 Yuma, AZ 85364 P: 928-783-9362 x101	Sunset North Yuma Clinic 675 S Avenue B Yuma, AZ 85364-2749 928-819-8999	Sunset Community Health Center 2060 W 24th St Yuma, AZ 85364 (928) 819-8999 HIV Testing & STI Testing Treatment
Yuma County Public Health Services District 2200 W 28th St. Ste 178 Yuma, AZ 85364 P: (928) 317-4540 HIV Testing & STI Testing		
	Somerton	
Sunset Community Health Center 115 N Somerton Ave Somerton, AZ 85350 P: (928) 627-2051 HIV Testing and STI Testing		