



Banner  
University Family Care

# Adult Specialty Provider Directory

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## How to Use the Digital B – UFC Specialty Provider Directory

The following directory is being made available for providers to support in identifying specialty services and programs that are open to receiving external referrals. The directory contains a list of AHCCCS covered services that can be utilized by Banner – University Family Care/ACC (B – UFC/ACC) members.

The directory includes contacts, AHCCCS covered services, program descriptions and referral in details to support our member’s General Mental Health and Substance Use (GMH/SU) covered services. Which include: Crisis Stabilization, Service Plan Development, Initial and Ongoing Crisis Planning, and support for unique populations.

## Click-able Directory Feature

AHCCCS covered services are available by commonly utilized services types. Each service type has a breakdown of counties that serve B – UFC /B – UCA members. Providers that offer the identified AHCCCS covered service have an imbedded link. Clicking on the provider agency will take you to the program descriptor and referral contact. This is also available for each provider listed in the table of contents.

Agencies listed in this directory are contracted with B – UFC, this may not reflect all Behavioral health Providers, for additional General Mental Health/ Substance Use providers, please refer to <https://www.banneruhp.com/find-a-provider> provider lookup.

For more information on fidelity to ART practice, refer to the AHCCCS Adult Recovery Team or (Adult Clinical Team): <https://www.azahcccs.gov>

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## General Information

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### Medicated-Assisted Treatment (MAT)

Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders.

The Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act affords practitioners greater flexibility in the provision of medication-assisted treatment (MAT).

### Peer Services (Peer Support)

This may involve assistance with more effectively utilizing the service delivery system (e.g., assistance in developing plans of care, identifying needs, accessing supports, partnering with professionals, overcoming service barriers) or understanding and coping with the stressors of the person's disability (e.g., support groups), coaching, role modeling and mentoring.

Peer support services are intended for enrolled persons and/or their families who require greater structure and intensity of services than those available through community-based recovery. These services may be provided to a person, group or family and are aimed at assisting in the creation of skills to promote long-term, sustainable recovery.

### Service Standards/Provider Qualifications

Individuals providing peer services must be employed by or contracted with a Community Service Agency or a licensed facility allowed to bill the procedure code. Community Service Agencies providing this service must be Title XIX certified by AHCCCS.

Self-help/peer services are provided by those who have been credentialed as Peer/Recovery Support Specialists through an AHCCCS BEHAVIORAL HEALTH SERVICES approved Peer Support Employment Training Program, self-identify as a "peer" and are qualified as behavioral health professionals, behavioral health technicians, or behavioral health paraprofessionals as defined in 9 A.A.C. 10. A "peer", as referenced in these provider qualifications, is defined as an individual who is, or has been a recipient of behavioral health services or substance abuse and has an experience of recovery to share.

## Crisis Support

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A Crisis is when a person presents with a sudden, unanticipated, or potentially dangerous behavioral health condition, episode or behavior. Crisis intervention services are provided to a person for the purpose of stabilizing or preventing a sudden, unanticipated, or potentially dangerous behavioral health condition, episode or behavior. Crisis intervention services are provided in a variety of settings or over the telephone. These intensive and time limited services may include screening, (i.e. triage and arranging for the provision of additional crisis services) counseling to stabilize the situation, medication stabilization and monitoring, observation and/or follow-up to ensure stabilization, and/or other therapeutic and supportive services to prevent, reduce or eliminate a crisis situation.

### Crisis Response Network (CRN) Crisis Line: (602) 222-9444 or (800) 631-1314

(Gila County, Maricopa County, Pinal County)

### NurseWise Crisis Line: (520) 622-6000 or (866) 495-6735

(Cochise County, Graham County, Greenlee County, La Paz County, Pima County, Santa Cruz County, Yuma County)

# AHCCCS COVERED SERVICES

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## Behavioral Health Counseling and Therapy Services

An interactive therapy designed to elicit or clarify presenting and historical information, identify behavioral problems or conflicts, and provide support, education or understanding for the person, group or family to resolve or manage the current problem or conflict and prevent, resolve or manage similar future problems or conflicts. Services may be provided to an individual, a group of people, a family or multiple family.

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## Assessment, Evaluation and Screening Services

Gathering and assessment of historical and current information which includes face-to-face contact with the person and/or the person's family or other informants, or group of individuals resulting in a written summary report and recommendations.

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## Medication Assisted Treatment (MAT) for Substance Abuse Disorders (suds)

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders and prevent opioid overdose. A combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery.

## Opioids Treatment Program

An OTP is any treatment program certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) to provide medication-assisted treatment for individuals who are diagnosed with opioid use disorder. These treatment programs are authorized to administer and distribute all forms of medication assisted treatment, Methadone, Buprenorphine (Suboxone/Subutex) and Naltrexone. Additional services within the OTP can include case management, peer support, individual counseling, group counseling and other types of support services for the individual.

AHCCCS is implementing new standards and reporting requirements for all Opioid Treatment Programs (OTPs) receiving Medicaid reimbursement.

## Office Based Opioid Treatment Programs

OBOT programs allow for qualified primary care physicians to provide opioid treatment services in their office-based settings. Federal guidelines allow qualified physicians in the OBOT to prescribe medications for opioid use disorder in their office setting, but it is required that the physician has the ability to connect their patients to the appropriate level of counseling and other appropriate support services.

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## Skills Training & Development & Psychosocial Rehabilitation Living Skills Training

Teaching independent living, social, and communication skills to persons and/or their families to maximize the person's ability to live and participate in the community and to function independently. Examples of areas that may be addressed include selfcare, household management, social decorum, same and opposite-sex friendships, avoidance of exploitation, budgeting, recreation, development of social support networks and use of

community resources. Services may be provided to a person, a group of individuals or their families with the person(s) present.

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**Behavioral Health Prevention/Promotion Education and Medication Training and Support Services (Health Promotion)**

Education and training are single or multiple sessions provided to an individual or a group of people and/or their families related to the enrolled person's treatment plan. Education and training sessions are usually presented using a standardized curriculum with the purpose of increasing an individual's behavioral knowledge of a health-related topic such as the nature of an illness, relapse and symptom management, medication management, stress management, safe sex practices, HIV education, parenting skills education and healthy lifestyles (e.g., diet, exercise).



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## General Mental Health and Substance Use Providers

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**BAART Programs**

<https://baartprograms.com/>

BAART Behavioral Health Services provides high- quality patient focused MAT treatment for patients with addiction to prescription medications and other opiates such as heroin and fentanyl. Addiction Medicine treatment using Methadone and Buprenorphine/Suboxone. BAART strives for patients to be successful with their recovery, by providing supportive staff dedicated to assist with case management.

**Services Include:**

- Methadone maintenance
- Individualized substance use disorder counseling
- Case management
- Coordinated treatment during pregnancy
- Addiction education

Contact information	Referral details	Hours of Operations
<p><b>*OTP</b>            908 A W. Chandler Blvd.            Chandler, AZ 85225  <b>P:</b> 480-899-0200  <b>F:</b> 480-899-0202</p>	<p>Call: 480-899-0200</p>	<p>Medication Hours            Monday – Friday:            4:30 a.m. – 11:00 a.m.            Saturday:            6:00 a.m. – 8:00 a.m.  <i>Closed Sunday &amp; Most Holidays</i></p>

**Behavioral Awareness Center (BAC)**

<http://www.bacmethadone.com/>

Behavioral Awareness Center provides Level 1 outpatient and Level 2 intensive outpatient treatment services in addiction medicine. MAT medications: Suboxone, and Methadone in liquid, tablet, and diskets form. Services include Individual, and group counseling, motivational enhancement, family therapy, educational groups, occupational and recreational therapy, psychotherapy, and CBT.

**Topics:**

- Relapse Prevention
- Post-Acute Withdrawal Syndrome
- Warning Signs
- Triggers
- Communication
- Family Roles
- Time Management
- Denial
- Crisis Situations
- Behavioral Health Issues
- Family Systems
- Co-Dependence

Skills training include and employment counseling:

- Workshops,
- Resume building,
- Mock interviews.

\*Dress for Success is a program specifically for women seeking to re-enter the work force.

Contact information	Referral details	Hours of Operations
<p>2002 W. Anklam Rd.            Tucson, AZ 85745  <b>P:</b> 520-629-9126  <b>F:</b> 520-629-9282</p>	<p>Call: 520-629-9126</p>	<p>Monday – Friday            5:00 am – 6:00 pm            Saturday 7:00 am – 12:00 pm  <i>Closed Sunday &amp; Most Holidays</i></p>

**Buena Vista Health and Recovery Centers**

<https://buenavistarecovery.com>

Buena Vista Health and Recovery Centers is an adult, dual diagnosis substance abuse treatment center. We offer American Indian Health Plan (AIHP) members Detox and Partial

Hospitalization (PHP) with supportive housing. All participants in the PHP housing are all engaging in PHP at our treatment center.

**Substance Abuse Programs:**

- MAT
- Medical Detox
  - Highest level of care
  - 24 hour medically supervised withdrawal, detoxification, and stabilization in 7 to 30-day programs
  - Secure and comfortable facility with private rooms available
  - Structured program with proven results
  - Comprehensive long-term treatment and transition planning
  - Short-term inpatient rehabilitation
  - Personalized gourmet meals
  - Inpatient detoxification at our medical detox center
  - 2-10 days duration
- Inpatient
  - Alcoholism
  - Substance Abuse
- Therapy
  - Individual Counseling
  - Trauma-focused therapy
  - Grief
  - Group
  - CBT
  - 12-Step Program
- Outpatient Treatment
  - Relapse Prevention Education
  - Intensive Outpatient Program (IOP)
  - Family Programs Individualized Treatment Plans
  - Cognitive Behavioral Therapy (CBT)
  - Trauma Workshops
  - Psychiatric Care
  - Medical Care
  - Group Therapy
  - Weekly Individual Therapy Session
  - Introduction to the 12 Steps
  - Case management
  - Life skills Development
  - Spiritual Guidance Program

We also have free Narcan available for overdose reversal.

Contact information	Referral details	Hours of Operations
Chandler Campus 3033 S. Arizona Ave Chandler, AZ 85286 <b>P:</b> 800-922-0095	24/7 480-798-6902 <a href="mailto:Frank.Eisenhauer@BuenaVistaRecovery.com">Frank.Eisenhauer@BuenaVistaRecovery.com</a>	24/7
Tucson Campus 5151 E Pima St Tucson, AZ 85712 <b>P:</b> 800-922-0095	24/7 480-798-6902 <a href="mailto:Frank.Eisenhauer@BuenaVistaRecovery.com">Frank.Eisenhauer@BuenaVistaRecovery.com</a>	24/7
Tatum Campus 29858 N Tatum Blvd Cave Creek, AZ 85331 <b>P:</b> 800-922-0095	24/7 480-798-6902 <a href="mailto:Frank.Eisenhauer@BuenaVistaRecovery.com">Frank.Eisenhauer@BuenaVistaRecovery.com</a>	24/7

## Building Blocks Counseling Services

<https://www.buildingblockscounseling.com>

Building Blocks Counseling offers a full range of outpatient services, we provide individual and group counseling, our dedicated staff also assist with case management. Assistance is available to help with AHCCCS applications, documentation, employment, housing and community resources. We also have a men's 24 bed Residential Treatment Facility for SUD in Phoenix.

In addition, we have a contract under our Vivre Housing Program with DOC to primarily work with clients who are on Parole and Probation. This program allows clients to apply for Sober Living accommodation prior to release and for those who have broken the terms of their Parole we provide an additional 70 beds with staff onsite 24 hours a day.

Contact information	Referral details	Hours of Operations
7725 N. 43rd Ave., #522 Phoenix, AZ 85051 <b>P:</b> 602-626-8112	Call: 602-626-8112	Outpatient Hours: Monday - Friday 9:00 am – 5:00 pm

## Canyonlands Healthcare

<https://canyonlandschc.org>

At Canyonlands Healthcare, our behavioral health professionals work with individuals, families and small groups. We provide counseling, evaluations, medication management and psychotherapy. We strive to help each patient develop and achieve goals uniquely tailored to his/her individual situation. We offer integrated health care, a collaboration between your primary care physician, and mental health therapist to address your physical, psychological and emotional needs.

### MAT Treatment Medications:

- Buprenorphine
- Naltrexone
- Suboxone/Subutex
- Vivitrol

### Services Include:

- Individualized Substance Use Disorder Counseling
- Case Management
- Addiction Education

We also have free Narcan available for overdose reversal.

Contact information	Referral details	Hours of Operations
5860 South Hospital Drive, Suite 102 *OBOT Globe, AZ 85501 <b>P:</b> 928.402.0491 <b>F:</b> 928.402.0490	Call: 928-428-1500 X3322	Monday-Friday: 7:00 am – 6:00 pm Closed for lunch: 12:00pm-1:00pm

2016 W. 16th St. *OBOT Safford, AZ 85546 <b>P:</b> 928-428-1500 <b>F:</b> 928-428-1555	Call: 928-428-1500 X3322	Monday – Friday: 7:00 am – 6:00 pm Closed for lunch: 12:00 pm – 1:00 pm
1615 S 1st Ave, Safford, AZ 85548 <b>P:</b> 928.348.1701 <b>F:</b> 928.428.8131	MAT Call: 928-428-1500 X3322	Wednesday: 8:00 am – 12:00 pm

## Chicanos Por La Causa

<https://cplc.org>

Provides General Mental Health, and Substance Use counseling services with qualified trained staff in EMDR, CBT, Motivational Interviewing, Matrix Model, Trauma Informed, and Anger Management EBP models. Substance Use Treatment Services are offered in Individual, and group setting. The center is equipped with bilingual case managers, and therapists.

The Corazon Behavioral Health Residential Facility is a 30-60-day, level 2 facility, member's health plan prior authorization is required.

Contact information	Referral details	Hours of Operations
<b>CPLC Centro De La Familia</b> 6850 W. Indian School Rd. Phoenix, AZ 85033	Call: 623-247-0464 email: <a href="mailto:accrereferrals@cplc.org">accrereferrals@cplc.org</a>	Monday – Friday 8:00 am – 5:00 pm
<b>Corazon</b> 3639 W. Lincoln St. Phoenix, AZ 85009	Call: 602-233-9747 email: <a href="mailto:accrereferrals@cplc.org">accrereferrals@cplc.org</a>	Monday – Friday 9:00 am – 1:00 pm
<b>CPLC Centro Esperanza</b> 325 N. Stapley Dr. Mesa, AZ 85203	Call: 480-615-3800 email: <a href="mailto:accrereferrals@cplc.org">accrereferrals@cplc.org</a>	Monday – Friday 7:00 am – 5:00 pm

## Clean Slate

<https://www.cleanslatecenters.com>

We provide medication-assisted treatment and an individualized treatment plan for each patient suffering from opioid, alcohol, and heroin addiction. Our physicians and care coordinators work closely with other medical and behavioral health providers and social services organizations to support every aspect of our patients' recovery. We offer Suboxone, Vivitrol, Sublocade, and Subutex for pregnancy.

Contact information	Referral details	Hours of Operations
15255 N. 40th St, Bldg. 5, Suite 135 Phoenix, AZ 85032 <b>P:</b> 480-417-4215 <b>F:</b> 602-900-5105	Call: 480-417-4215 Fax:602-900-5105 email: <a href="mailto:amagras@cleanslatecenters.com">amagras@cleanslatecenters.com</a>	Monday, Tuesday, Thursday: 9:00 am – 5:00 pm Wednesday: 9:00 am – 8:00 pm Friday: 9:00 am - 2:00 pm
7725 N. 43rd Ave. #522 Phoenix, AZ 85051 <b>P:</b> 480-729-8341 <b>F:</b> 623-233-6570	Call: 480-417-4215 Fax:602-900-5105 email: <a href="mailto:amagras@cleanslatecenters.com">amagras@cleanslatecenters.com</a>	Tuesday 1:30 pm – 5:00 pm Thursday 9:00 am – 5:00 pm
8410 W. Thomas Rd. Phoenix, AZ 85037 <b>P:</b> 480-417-5289 <b>F:</b> 602-812-7491	Call: 480-417-4215 Fax:602-900-5105 email: <a href="mailto:amagras@cleanslatecenters.com">amagras@cleanslatecenters.com</a>	Monday, Tuesday, Thursday: 9:00 am – 5:00 pm Wednesday: 9:00 am – 8:00 pm Friday: 9:00 am - 2:00 pm
2451 E Baseline Rd #430 Gilbert, AZ 85234 <b>P:</b> 602-313-4391 <b>F:</b> 480-699-4427	Call: 480-417-4215 Fax:602-900-5105 email: <a href="mailto:amagras@cleanslatecenters.com">amagras@cleanslatecenters.com</a>	Monday, Tuesday, Thursday: 9:00 am – 5:00 pm Wednesday: 9:00 am – 8:00 pm Friday: 9:00 am - 2:00 pm

## CODAC Health Recovery Wellness

<http://www.codac.org/>

### Men's Services:

CODAC offers specialty care for men with addiction, depression, anxiety, anger issues, trauma and more serious and persistent mental illnesses. We provide exceptional care through a supportive team of psychiatric medical providers, therapists, case managers and peer support specialists who will help you gain the tools to improve the quality of your life. Our complete health care approach now includes primary health care, in addition to our behavioral health care services. This allows us to care for your day-to-day and complex health care needs. You will have a variety of experts working with you as one team, in one convenient location. They will focus on your physical and mental health to provide you with the most complete health care available.

- Case Management
- Therapy & Support Groups
- Transitional Sober Living
- Psychiatric Evaluation
- Medication Management
- Primary Care & Wellness

### Women's Services:

CODAC provides specialty care for women living with depression, anxiety, trauma and addiction as well as serious mental illnesses like bipolar disorder and schizophrenia. We offer an array of options to meet the individual needs of each woman who enters our doors. This care extends beyond behavioral health into primary care, so we can treat the whole person. Our goal is to help each woman restore a positive sense of self, regain the personal

strength to make healthy choices and find the joy in life. Our individualized, client-centered programs include:

- Diagnosis and treatment for serious mental illness.
- Outpatient Counseling and Support.
- Women can participate in therapy and support groups alongside women with similar experiences.
- Individual, couples, and family therapy are provided by therapists who are knowledgeable about women's concerns, health and well-being.
- The treatment team can help connect you connect and coordinate care with primary care, OB/GYN, psychiatry and other health care providers, as necessary.
- Residential Treatment Facility for pregnant and postpartum women with Substance Use Disorder.
- On-site pharmacy and lab
- Additional support for postpartum depression and other mood disorders related to pregnancy and childbirth.

### **LGBTQI Support Services:**

The Living Out Loud LGBTQI Health & Wellness Program is a safe, welcoming environment where everyone is celebrated for who they are. If you identify along the lesbian, gay, bisexual, intersex, or transgender, intersex or gender non-conforming spectrum (LGBTQI), we invite you to check out our unique health and wellness services including:

- Mental health care (counseling and therapy)
- Psychiatric assessment
- Medication management)
- Support and community groups

### **Heroin and Opioid Addiction Treatment (MAT):**

- Assessments with counselor & nurse.
- Prescription & induction by psychiatric addiction specialists (MDs or NPs).  
Based on individual need and safety.
- Treatment plan for short- and long-term success.
- Help with withdrawal symptoms.

### **Andrew Street Brief Intervention Program:**

Andrew Street is a six-bed, short-term residential treatment facility for adults with serious mental illnesses. Referral from a Care Manager or Physician is required

### **Alpha Team:**

The Alpha Team program follows criminal cases involving CODAC members from the point of incarceration to final adjudication. The team supports CODAC staff and members by meeting members at the jail, attending court hearings as well as jail and/or probation staffing.

### **Support & Care After Business Hours:**

The Safety Zone is a safe phone number to call when you feel you need additional support outside of CODAC's normal business hours but are not in immediate danger to yourself or others. Staff who answer the phone line are CODAC employees.

### **Other services:**

- Employment assistance
- Acupuncture
- Peer Support

Contact information	Referral details	Hours of Operation
<b>CODAC Medicated Assisted Addiction Treatment *OTP</b> 380 E. Fort Lowell Rd. Tucson, AZ 85705 <b>F: 520-792-4977</b>	Call: 520-327-4505 24/7 MAT Phone: (520) 202-1786	Monday – Friday: 5:00 am – 4:00 pm
<b>CODAC at Alvernon</b> 630 N. Alvernon Way. Tucson, AZ 85711	Call: 520-327-4505	Monday – Friday: 7:00 am – 6:00 pm
<b>CODAC at Cobblestone</b> 1075 E. fort Lowell Rd. Tucson, AZ 85719	Call: 520-327-4505	Monday – Friday: 8:00 am – 5:00 pm
<b>Women’s Recovery Services</b> 502 N. Silverbell Rd. Tucson, AZ 85745	Call: 520-202-1716	Monday – Friday: 8:00 am – 5:00 pm
<b>After Hours Support (Safety Zone)</b>	Call: 520-202-1950	Call anytime between 7:00 pm - 7:00 am <b>All day on weekends &amp; holidays.</b>

## Community Bridges Inc.

<https://communitybridgesaz.org/>

CBI offers psychiatric services for people with general mental health needs in an outpatient environment. Using what we call a Patient-Centered Medical Care model, we promote an open partnership between practitioners, patients, and their families. We treat an individual’s mental health using an integrated approach because we know mental well-being goes hand in hand with physical well-being and recovery. A variety of treatments are used, including psychotherapy, medication, and psycho-social interventions to build a unique treatment plan for each individual.

CBI coordinates patient care and treatment plans with other specialists to ensure a patient’s needs are met, through support from peers with shared experiences, patients find a new purpose through our one-on-one case management in a setting that models the importance of healthy support systems.

### Medication Assisted Treatment (MAT):

CBI uses best practices to help adults with opioid dependency of prescription pain medications, fentanyl, and heroin. Our Medication Assisted Treatment (MAT) program is a “whole patient approach” to substance use disorder, as described by the National Institute on Drug Abuse. Treatments include a multi-disciplinary approach with medication, counseling and behavioral therapies. MAT protocols are directed by licensed medical practitioners and supported by a clinical team of registered nurses, behavioral health specialists, peer support specialists, and transition coordinators. We monitor patients’ mental and physical health, while integrating therapy and peer services.

### Opioid Treatment (MAT)

- Evaluation and Medical Consultation
- Medical Detoxification
- Outpatient Treatment Groups
- Primary Medical Care



- Psychiatric Evaluation and Treatment
- Peer Support
- Continuum of Care
- Relapse Prevention
- Individual Counseling
- Family Education

*MAT Medications varied by clinic:*

- Suboxone
- Vivitrol
- Methadone

Contact information	Referral details	Hours of Operation
<b>Avondale* OTP</b> 824 N. 99 <sup>th</sup> Ave. Suite 107 & 108 Avondale, AZ 85323 <b>P:</b> 623-643-9678	Call: 623-643-9678 877-931-9142 Email: Cgipreferrals@cbridges.com	Monday – Thursday: 8: 00 am – 8:00 pm Friday: 8:00 am -5:00 pm
<b>Casa Grande</b> 675 E. Cottonwood Ln. Casa Grande, AZ 85122 <b>P:</b> <i>Outpatient Service</i> 520-426-2058 <b>P:</b> 520- 426-0088	Call: 520- 426-0088 Email: Cgipreferrals@cbridges.com	Inpatient 24/7 <i>Outpatient</i> Monday- Friday: 8:00 am – 5:00 pm
<b>Globe Outpatient Service Center</b> 5734 East Hope Lane, Suite 2 Globe, AZ 85501 <b>P:</b> 928-425-2415 <b>F:</b> 928-425-2464	Fax: 928-425-2464	Monday – Friday: 8:00 am – 5:00 pm
<b>Detox</b> 560 S. Bellview, Room A Mesa, AZ 85204	Call: 877-931-9142	Monday – Sunday: 6:00 am- 8:00 pm
<b>Center for Hope Residential</b> 554 S. Bellview Mesa, AZ 85204 <b>P:</b> 480-461-1711 <b>F:</b> 480-833-5772	Call: 480-461-1711	Outpatient: Monday – Friday: 8:00 am – 6:00 am
<b>Cactus</b> 1520 E Pima St. Phoenix, AZ 85034 <b>P:</b> 602-407-6280	Call: 602-407-6280	Monday – Friday: 8:00 am – 5:00 pm
<b>Tucson</b> 250 S. Toole Ave. Tucson, AZ 85701 <b>P:</b> 520-323-1312 <b>F:</b> 520-617-5518	Call: 520-617-5518	Monday – Friday: 8:00 am – 5:00 pm

<b>Yuma *OTP</b> 3250 E 40 <sup>th</sup> St. Yuma, AZ 85365 <b>P:</b> 928-373-6743 <b>F:</b> 480-7752452	Call: 928-373-6743	<b>MAT services</b> Monday – Friday: 5:00 am – 6:00 pm Saturday: 5:00 am -8:00 am
<b>Crisis Mobile Team by County</b> Cochise, Graham, Greenlee, La Paz, Pinal, Santa Cruz	Call: 866-495-6735	24 hours
<b>Crisis Mobile Team by County</b> Gila River and Ak-Chin Indian Communities	Call: 800-259-3449	24 hours
<b>Crisis Mobile Team by County</b> Maricopa County	Call: 800-631-1314	24 hours
<b>Crisis Mobile Team by County</b> Pima County	Call: 520-405-5047 <i>during business hours</i> 866-495-6735 <i>After hours</i>	24 hours
<b>Crisis Mobile Team</b> Salt River Pima Maricopa Indian Community	Call: 855-331-6432	24 hours

## Community Health Associates (CHA)

<https://www.chaarizona.com>

Community Health Associates is licensed by the Arizona Department of Health Services & Office of Behavioral Health Licensure to provide outpatient behavioral health treatment and substance use services for adults and families. A thorough clinical assessment identifies the person's strengths, needs, abilities and personal preferences, this information helps formulate an individualized service plan (ISP) that guides the treatment process from beginning to end. Our philosophy of care is dedicated to helping to improve the quality of lives of adults, families, and the communities they live in, by building upon strengths. Every member has the right to receive care in the least restrictive setting, to live independently when possible, to be employed, to lead a healthy lifestyle, and to be educated.

Our staff is dedicated to helping consumers fully exercise their rights while learning how to use local resources and systems of care to meet individual and family needs.

### Therapeutic Services:

- Cognitive behavioral therapy (CBT)
- Individual therapy
- Group therapy
- Dialectical behavioral therapy
- Couples therapy
- Experiential therapy
- Family therapy
- Trauma therapy
- Substance abuse counseling
- Addiction treatment therapy
- 12-Step based treatment approach
- Brief intervention approach
- Contingency management/motivational incentive
- Motivational interviewing
- Counseling for anger management
- Martix Model

Contact information	Referral details	Hours of Operation
<b>Bisbee Mental Health Clinic</b> 1326 HWY 92, Suite J Bisbee, AZ 85603 <b>P:</b> 520-366-3603 <b>F:</b> 520-432-3678	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Casa Grande Integrated Care Clinic</b> 1923 N. Trekell Rd. Casa Grande, AZ 85122 <b>P:</b> 520-284-7782 Ext. 1245 <b>F:</b> 520-836-5436	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Douglas Integrated Care Clinic</b> 1701 N. Douglas Ave. Douglas, AZ 85607 <b>P:</b> 520-366-3133 <b>F:</b> 520-364-2770	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Green Valley Mental Health Clinic</b> 275 W. Continental Rd. Ste. 133 a, b, c, d and Ste. 141 Green Valley, AZ 85622 <b>P:</b> 520-628-4000 <b>F:</b> 520-547-7003	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Tucson Integrated Care Clinic</b> 1773 W. St. Mary Rd. Ste. 105 Tucson, AZ 85745 <b>P:</b> 520-622-8357 <b>F:</b> 520-622-1028		
<b>Tucson Mental Health Clinic</b> 1773 W. St. Mary Rd. Ste. 102 Tucson, AZ 85745 <b>P:</b> 520-622-8357 <b>F:</b> 520-622-1028	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Parker Mental Health Clinic</b> 1516 Ocotillo Ave. Parker, AZ 85344 <b>P:</b> 928-376-0026 <b>F:</b> 928-782-2298	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm

<b>San Luis Mental Health Clinic</b> 1938 E. Juan Sanchez Blvd, Ste. 4 San Luis, AZ 85349 <b>P:</b> 928-376-0026 <b>F:</b> 928-782-2298	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Nogales Mental Health Clinic</b> 32 Blvd Del Ray David Nogales, AZ 85621 <b>P:</b> 520-394-7400 <b>F:</b> 520-377-9596	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm
<b>Yuma Mental Health Clinic</b> 2851 S. Ave B, Bldg. 4 Yuma, AZ 85364 <b>P:</b> 928-376-0026 <b>F:</b> 928-782-2298	Call: (877)320-1587	Monday – Friday: 8:00 am – 6:00 pm

### Community Medical Services (CMS)

<https://communitymedicalservices.org/>

Community Medical Services (CMS) provides ASAM Level 1 Outpatient Opioid Maintenance Treatment services for clients with a diagnosis of opioid use disorder (OUD). Members participate in case management, medication management, group and individual counseling where members can work on relationship healing and restoration, and increase and enhance self-awareness, self-sufficiency, and self-responsibility.

#### The purpose of the program is to:

- Increase understanding and insight about the disease of addiction by providing continuous education about all physical, mental, emotional, psychological, financial, legal, social, and relational aspects of chemical dependency and the subsequent recovery process.
- Teach appropriate life skills that assist in the progressive development of physical, mental, emotional, and social. And encouraging healthy coping strategies and interventions by learning the negative effects of illicit and illegal drugs.

Contact information	Referral details	Hours of Operations
<b>Casa Grande *OTP</b> 440 N. Camino Mercado St., Suite #2 Casa Grande, AZ 85122 <b>P:</b> 520-424-7390 <b>F:</b> 520-509-1287	Call: 855-203-6352	Medicating Hours: Monday – Friday 5:00 am – 10:00 am Saturday 6:00 am – 9:00 am <i>Holidays</i> 6:00 am – 9:00 am Counseling Hours:

		Monday – Friday 5:00 am – 10:00 am Saturday 6:00 am – 9:00 am
<b>Lake Havasu *OTP</b> <i>(servicing La Paz County)</i> 329 Lake Havasu Ave. Lake Havasu, AZ 86403 <b>P:</b> 928-764-7266 <b>F:</b> 928-302-3615	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am -11:30 am Saturday: 6:00am-9:00am <i>Holidays: 6:00am-9:00am</i> Counseling Hours: Monday - Friday: 4:30 am -1:30 pm
<b>Mesa on Main *OTP</b> 2940 E. Main St. Mesa, AZ 85213 <b>P:</b> 480-977-1500 <b>F:</b> 480-912-1309	Call: 855-203-6352	Monday – Saturday: 4:30 am -3:30 pm
<b>Mesa *OTP</b> 6116 E Arbor Ave #104, Mesa, AZ 85206 <b>P:</b> 480-499-4599 <b>F:</b> 480-656-5687	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am -11:30 pm Saturday: 6:00 am – 8:00 am <i>Counseling Hours:</i> Monday - Friday: 4:30am-11:30am
<b>Nogales *OTP</b> 274 W. Viewpoint Drive Nogales, AZ 85621 <b>P:</b> 520-924-8900 <b>F:</b> 520-281-1421	Call: 855-203-6352	Medicating Hours: Monday – Friday: 4:30 am-11:30 am Saturday: 6:00 am - 9:00 am <i>Holidays: 6:00am-9:00am</i> Counseling Hours: Monday - Friday: 4:30 am -11:30 am
<b>23rd Ave (24/7) *OTP</b> 7830 N. 23rd Ave. Phoenix, AZ 85021 <b>P:</b> 602-775-5634 <b>F:</b> 602-237-5497	Call: 855-203-6352	<i>New Intake Hours</i> 24/7 Medicating Hours: Sunday - Saturday: 4:30 am - 8:00 pm Counseling Hours: Sunday - Saturday: 4:30 am - 8:00 pm

<p><b>Peoria *OTP</b>  10689 N. 99th Ave.  Peoria, AZ 85345  <b>P:</b> 623-233-1333  <b>F:</b> 623-234-8333</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday – Friday:  4:30 am - 1:30 pm  Saturday:  5:00 am - 10:00 am  <i>Holidays:</i>  5:00 am - 10:00 am  Counseling Hours  Monday - Friday:  4:30 am - 1:30 pm</p>
<p><b>Alpha *OTP</b>  3825 N. 24th St.  Phoenix, AZ 85016  <b>P:</b> 602-955-7997  <b>F:</b> 602-954-0980</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday - Saturday:  4:30am - 3:30pm  Sunday: Closed  <i>Holidays:</i>  5:00am-10:00am  Counseling Hours:  Monday - Saturday:  4:30 am-3:30 pm</p>
<p><b>Northern *OTP</b>  2301 W. Northern Ave.  Phoenix, AZ 85021  <b>P:</b> 602-866-9378  <b>F:</b> 602-866-9394</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday - Friday:  4:30 am - 6:00 pm  Saturday:  5:00 am - 2:00 pm  <i>Holidays: 5:00am-2:00pm</i>  Counseling Hours:  Monday - Friday:  4:30 am - 6:00 pm  Saturday:  5:00 am - 2:00 pm</p>
<p><b>Safford *OTP</b>  102 E. Main St.  Safford, AZ 85546  <b>P:</b> 928-985-2700  <b>F:</b> 928-792-2829</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday - Friday:  4:30 am - 11:30 am  Saturday: 6:00am-9:00am  Holidays: 6:00am - 9:00am  Counseling Hours:  Monday - Friday:  4:30 am - 11:30 am  Saturday:  6:00 am-9:00 am</p>

<p><b>Sierra Vista *OTP</b>  302 El Camino Real, Bldg. 10,  Suites C &amp; D  Sierra Vista, AZ 85635  <b>P:</b> 520-895-6300  <b>F:</b> 520-263-4594</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday - Friday:  4:30 am - 11:30 am  Saturday:  6:00 am - 9:00 am  Holidays: 6:00am - 9:00am  Counseling Hours:  Monday - Friday:  4:30 am - 11:30 am  Saturday:  6:00 am - 9:00 am</p>
<p><b>Broadway Tucson *OTP</b>  6802 E. Broadway  Tucson, AZ 85710  <b>P:</b> 520-314-1400  <b>F:</b> 520-203-7539</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday - Friday:  4:30 am - 11:30 am  Saturday:  6:00 am - 9:00 am  Holidays: 6:00am-9:00am  Counseling Hours:  Monday - Friday:  4:30 am - 11:30 am</p>
<p><b>Northwest Tucson *OTP</b>  2001 W. Orange Grove Rd.  Ste. 202  Tucson, AZ 85704  <b>P:</b> 520-775-3500  <b>F:</b> 520-742-4764</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday - Friday:  4:30 am - 11:30 am  Saturday:  6:00 am - 9:00 am  Holidays: 6:00am - 9:00am  Counseling Hours:  Monday - Friday:  4:30 am - 11:30 am  Intake Hours:  Monday - Friday:  4:30 am - 2:30 pm</p>
<p><b>Yuma *OTP</b>  501 W 8th Street.  Yuma, AZ 85364  <b>P:</b> 928-291-3565  <b>F:</b> 928-318-2109</p>	<p>Call: 855-203-6352</p>	<p>Medicating Hours:  Monday – Friday:  4:00 am - 8:00 pm  Saturday – Sunday:  4:00 am - 12:00 pm  <i>Holidays: 4:00am-2:00pm</i>  Counseling Hours:  Monday - Friday:</p>

		4:00 am - 8:00 pm
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## Community Partners Integrated Health

<http://www.communitypartnersinc.org/>

As one of the first licensed integrated care clinics in Arizona. At CPIH, members will receive excellent behavioral and physical healthcare under one roof. Experience whole-person-centered planning to achieve greater wellness at home and in the community. Our wellness centers specialize in integrated healthcare that is tailored to the individual's health needs. Telemedicine options are also available.

### Wellness services include:

- Primary Medical Care
- Mental Health
- Substance Use Recovery Groups
- Individual Counseling
- Peer Support
- Nutrition Education
- Chronic Disease Management
- Tobacco Cessation
- Health Screenings
- Member Employment Training
- Lab Services.

### Assertive Community Treatment (ACT):

We provide integrated help for individuals with a serious mental illness (SMI) in a supportive team environment, for the highest quality of care. Our services consist of wrap-around stabilization, increases medication compliance, improves self-sufficiency and fosters independence including housing services.

ACT's interdisciplinary team, treatment focuses on shared caseload to ensure exceptional team support. The intensive community-based approach, services anytime, anywhere, allow unlimited treatment frequency and duration. Members' who regularly use inpatient care and/or are at high risk for/ or are in the criminal justice system or are homeless.

Contact information	Referral details	Hours of Operation
<b>Benson</b> 500 S. Highway 80 Suite A Benson, AZ 85602 <b>P:</b> 520-720-0290 <b>F:</b> 520-586-4644	Call: 520-720-0290 Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday 8:00 am – 5:00 pm
<b>Desert Garden BIP (Residential)</b> 2502 N. Dodge Blvd. Suite 190 West Wing Tucson, AZ 85716 <b>P:</b> 520-618-8800 <b>F:</b> 520-618-6767	Call: Email: <a href="mailto:David.Oroz@communitypartnersinc.org">David.Oroz@communitypartnersinc.org</a>	24 hours



<b>Desert Mountain</b> 2499 E. Ajo Way Tucson, AZ 85713 <b>P:</b> 520-901-2300 <b>F:</b> 520-618-6702	Email: <a href="mailto:DM@communitypartnersinc.org">DM@communitypartnersinc.org</a>	24 hours
<b>Desert Rose Clinic</b> 5055 E. Broadway Blvd. Suite A200 Tucson, AZ 85711 <b>P:</b> 520-901-4800 <b>F:</b> 520-901-4700	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
<b>Maricopa</b> 20046 N. John Wayne Pkwy., Suite 102 Maricopa, AZ 85139 <b>P:</b> 520-381-0048 <b>F:</b> 520-568-0057	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
<b>Parker</b> 1021 Kofa Ave. Parker, AZ 85344 <b>P:</b> 928-376-0220 <b>F:</b> 928-669-2500	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
<b>Phoenix</b> 1515 E. Osborn Rd. Phoenix, AZ 85014 <b>P:</b> 602-604-0000 <b>F:</b> 602-604-5863	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
<b>Safford</b> 301 E. 4th St. Suites A & B Safford, AZ 85546 <b>P:</b> 928-792-4242 <b>F:</b> 928-428-3885	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
<b>Sierra Vista</b> 2039 E. Wilcox Dr. Suites A & B Sierra Vista, AZ 85635 <b>P:</b> 520- 226-9002 <b>F:</b> 520-459-0563	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
<b>Tucson Park</b> 3939 S. Park Ave. Suite 150 Tucson, AZ 85714 <b>P:</b> 520) 333 4320 <b>F:</b> 520-207-0542	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm

<b>Yuma</b> 2545 S. Arizona Ave. Bldg. A-D Yuma, AZ 85364 <b>P:</b> 928-376-0220 <b>F:</b> 928- 344-2861	Email: <a href="mailto:CPIHenrollment@communitypartnersinc.org">CPIHenrollment@communitypartnersinc.org</a>	Monday - Friday: 8:00 am – 5:00 pm
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## COPE Community Services Inc.

<http://www.copecommunityservices.org/>

COPE offers outpatient behavioral health services to adults with general mental health (GMH) needs, and/or substance use disorder. At little or no cost, COPE's Methadone and Suboxone programs assist in reducing or eliminating opioid drug use by combining opioid agonist medication and counseling services that assist with relapse prevention. COPE'S outpatient sites provide any combination of the following services:

- Individual, Family, And/or Group Counseling
- Medication services provided by a psychiatrist, nurse practitioner, or nurse
- Court-ordered treatment for clients ordered to participate in behavioral health treatment by the courts
- Case Management
- Acupuncture
- Housing
- Recovery Support
- Opioid Treatment
- Health Education
- Residential
- Substance Abuse Treatment Prevention
- Assistance with homemaking and personal care
- Young Adult Program
- Living skills training (i.e., teaching independent living, social, and communication skills)

Contact information	Referral details	Hours of Operation
<b>5<sup>th</sup> Street Clinic *OTP</b> 5401 E. 5 <sup>th</sup> St. Tucson, AZ 85712 <b>P:</b> 520-879-6680 <b>F:</b> 520-903-1130	Call: 520-205-4732	Monday - Friday 4:30 am – 12:30 p Saturday: 6:00 am – 10:00 am
<b>Northwest Integrated Care Clinic * OTP</b> 5840 N. La Cholla Blvd. Tucson, AZ 85741 <b>P:</b> 520-498-3900 <b>F:</b> 520-544-7542	Call: 520-205-4732	Monday - Friday 8:00 am – 5:00 pm
<b>La Cholla Clinic * OTP</b> 1501 W. Commerce Court Tucson, AZ 85746 <b>P:</b> 520-741-3180 <b>F:</b> 520-881-1347	Call: 520-205-4732	Monday and Friday: 8:00 am – 5:00 pm

<b>Lakeside Integrated Care Clinic</b> 8050 E. Lakeside Parkway Tucson, AZ 85730 P: 520-584-5820 F: 520-514-1514	Call: 520-205-4732	Monday - Friday: 8:00 am – 5:00 pm
<b>Mesquite Clinic</b> 2435 N. Castro Avenue Tucson, AZ 85705 <b>P:</b> 520-622-8030 <b>F:</b> 520-622-8012	Call: 520-205-4732	Monday - Friday: 8:00 am – 5:00 pm

## Cornerstone Behavioral Health Hospital

<https://cornerstoneeldorado.com/>

Cornerstone Behavioral Health Hospital is a Level one acute care Mental Health Hospital. We provide evidence-based treatment for adults who are experiencing acute distress associated with behavioral health and/or substance use disorders and who will benefit from modern psychiatric care in a safe, engaging, and compassionate environment.

### Treatment Programs:

- Medically Supervised Inpatient Detox
  - MAT
- Group Therapy
- Individual Therapy
- Family Therapy
- Education
- Medication Management

Contact information	Referral details	Hours of Operation
1400 N Wilmot Rd, 3rd floor, Tucson, AZ 85743 <b>P:</b> 520-222-8268 <b>F:</b> 520-257-2129	Call: 520-664-7846 E-mail: admit.eldorado@chghospitals.com	24/7

## Crossroads Inc.

<https://thecrossroadsinc.org/>

Crossroads is an Integrated Healthcare model clinic that focuses on residential and IOP SUD, MAT, and Women’s Health. We have 7 facilities that treat 408 men and women every day, using modalities like CBT, EBT, 12 Step, and SMART Recovery.

Contact information	Referral details	Hours of Operation
<b>Crossroads - Arcadia for Men</b> 1700 E. Thomas Rd. Phoenix, AZ 85016 <b>P:</b> 602-263-5242 <b>F:</b> 602-595-4434	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm

<b>Crossroads - East for Men</b> 1845 E Ocotillo Rd Phoenix, AZ 85016	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm
<b>Crossroads - Extension for Women</b> 244 N Extension Rd Mesa AZ 85201	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm
<b>Crossroads - Flower for Women</b> 1632 E Flower St, Phoenix AZ 85016	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm
<b>Crossroads - Midtown for Men</b> 3702 N 13th Ave Phoenix, AZ 85013	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm
<b>Crossroads - Red Mountain for Men</b> 143 S Center St. Mesa, 85210	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm
<b>Crossroads - West for Men</b> 7523 N 35th Ave, Phoenix, AZ 85051	Call: 602-263-5242 E-mail: <a href="mailto:admissions@thecrossroadsinc.org">admissions@thecrossroadsinc.org</a>	Monday – Saturday: 8:00 am – 4:00 pm

## DKA

<http://dkajobs.com>

Using Evidence Based Practice models DKA assists members in obtaining valuable long-term hands on job placement skills. Each member meets with the assigned Employment Specialist to engage in one-on-one job development with the goal of obtaining and maintaining competitive employment. DKA contracts with a Licensed Professional Counselor who is available to assist members in determining employment goals, addressing any barriers, limitations, and accommodations for employment. Counseling services are provided to members individually or in groups based on each member’s individual needs.

**Computer Training** – Computer and Office Skills class is offered to members lacking basic computer skills and those who would like to improve their current skills with the operating knowledge of Excel, PowerPoint or any other Microsoft Software.

**Food Fundamentals** – Trainees will learn proper kitchen techniques, how to follow proper sanitation and food safety procedures and much more.

**File Clerk Training** - Trainees gain continued office skills training, introduction to various types of files and file systems.

## Work Skills Training

- **Employability Skills Class** helps members learn employment skills needed for today’s work environment, identify potential barriers to employment and to explore their own abilities to be employment ready.
- **Personal Development Education** helps members to learn about mental health problems, coping skills, setting goals and making action step plans to attain their employment goals.
- **Communication at Work Class** helps members focus on workplace ethics:
- **Conversation Skills** -Listening to others, starting a conversation, expressing feelings, getting your point across, etc.
- **Assertive Communication** making requests, refusing requests, making complaints, responding to complaints, asking for help, etc.
- **Conflict Management** - Compromise and negotiation, leaving stressful situations, disagreeing with others, making apologies, etc.
- **Vocational Skill** - Interviewing for a job, asking for feedback, following verbal instructions, solving problems, etc.

## Short-term Work Adjustment Training

All sites have a work site supervisor who works with each person to enhance their employability skills. Training typically lasts for 3 months.

- Archive Advantage
- Receptionist Training
- Pima County Department of Transportation
- Pak Mail
- Janitorial Training

Contact information	Referral details	Hours of Operation
1502 E. Broadway Blvd. Tucson, Arizona 85719 <b>P:</b> 520-790-7677 <b>F:</b> 520-790-7786	For Orientation or ART Meeting, Call: 520-790-7677	Monday-Thursday: 8:00 am – 4:30 pm Friday: 8:00 am – 4:00 pm
Archive Advantage <b>P:</b> 520-576-7886	archiveadvantage@dkajobs.com	

## Easterseals Blake Foundation

<https://www.easterseals.com/blakefoundation/>

### Counseling Services:

Individual Counseling: Short-term solution-focused treatment for adults. Services provide support through family and life transitions, behavioral concerns, and/or mental health and substance use

### DUI Services:

BBH is licensed to provide ADOT, and court-approved, services for individuals who require drug and/or alcohol screenings, education, and/or treatment hours. Substance-use screenings are required for the 16-hour DUI education classes in Arizona DUI cases and is presented in a positive and supportive environment at our 7750 E. Broadway Blvd. offices only. Participants can share openly within the curriculum. EBF ensures you understand the process and the results prior to submitting the completion confirmation to ADOT and the

appropriate court. The screening session is \$50. Level Two classes are \$20 per hour (\$320), with a 25% savings if paid in advance. EBF offers 20 additional hours of treatment for a total of 36 hours. Level One classes are \$20 per hour (\$720), with a 25% savings if paid in advance.

**Psychiatric Services:**

Psychiatric evaluation, diagnosis, medication prescription, and ongoing monitoring for relevant diagnoses. Services provided by licensed psychiatrists and nurses.

**Therapeutic Groups**

**Seeking Safety:**

Supported by research evidence, the group is present-focused, counseling model to help adults attain safety from trauma and/or substance abuse. Directly addresses both trauma and addiction. Primary goals are to reduce trauma and/or substance abuse symptoms and increase safe coping in relationships, thinking, behavior, and emotions.

**Adult Anger Management:**

A 12-week cognitive behavioral anger management group that will help adult participants learn skills to successfully manage anger. Based on ACT and Journey Beyond Abuse.

**Early Recovery Skills (ERS):**

Based on the Matrix Model, participants learn essential skills for establishing abstinence from drugs and alcohol. Sessions teach strategies and practices to assist clients with behavior changes that support abstinence. To benefit fully from treatment, participants are encouraged to also participate in 12-Step or mutual-help groups.

**Relapse Prevention Group (RP):**

Based on the Matrix Model, these sessions are forums in which people with substance use disorders share information about relapse prevention and receive assistance in coping with the issues of recovery and relapse avoidance. The group is based on the premises that relapse is not a random event, and the process of relapse follows predictable patterns. Signs of impending relapse can be identified by staff members and clients. The setting allows for mutual client assistance within the guiding constraints provided by the counselor. Clients heading toward relapse can be redirected, and those on a sound course to recovery can be encouraged.

**Other Support Services:**

- Case Management
- Consultation, Assessment and Specialized Testing
- Health Promotion
- Interpreter Services
- Living Skills Training
- Medical Management
- Peer Support
- Peer Support (comprehensive)
- Personal Care
- Respite Care
- Supported Employment Services Ongoing
- Pre-Supported Employment Services
- Transportation
- Crisis intervention.
- Family Support

Contact information	Referral details	Hours of Operation
7750 E. Broadway Blvd. Suite A100 Tucson, AZ 85710 <b>P:</b> 520-449-8555	Call: Mike Moore BHT/Program Manager 520-400-7220 Email:	Monday – Friday: 8:00 am – 5:00 pm

	<a href="mailto:mmoore@blake.easterseals.com">mmoore@blake.easterseals.com</a>  Call: Denett O'Connor BHP/LISAC 520-401-9942 Email: <a href="mailto:doconnor@blake.easterseals.com">doconnor@blake.easterseals.com</a>	
55 S. 5th St. Sierra Vista, AZ 85635 <b>P:</b> 520-452-9784	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
618 S. Central Ave. Safford, AZ 85546 <b>P:</b> 928-362-7343	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
1115 E. Florence Blvd. Suite A, Casa Grande, AZ 85122 <b>P:</b> 520-723-4429	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
3860 W 24 <sup>th</sup> St, Suites 201-208 Yuma, AZ 85364 <b>P:</b> 928-248-5112	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm
7756 E. Broadway Blvd. Ste. C100, Tucson, AZ 85710 <b>P:</b> 520-327-1529	Call: 844-546-3068	Monday – Friday: 8:00 am – 5:00 pm

## El Paso Family Mentoring and Counseling Services

<https://www.elpasocares.org/>

El Paso Family Mentoring and Counseling Services is a counseling facility that provides both Outpatient and Individualized Intensive Outpatient Home-Based and Community-Based services.

### Family System Based Assessments:

Our assessment is comprehensive, sometimes requiring multiple steps, meaning we are not only assessing the identified client, but also the entire family and community system, recognizing that each is an integral component of the individual's healing, growth and development.

### Mentoring Program:

Our Behavioral Health Technicians with five years or more experience, help our clients learn and apply skills in their environments. Our mentors focus on living skills training, psychoeducation, coping skill application, coordination of care and support.

**Individualized Intensive Outpatient (I-IOP),** These One-to-One intensive services are provided in the person's environment. Our work with clients provides the direct application of skills in the areas that are causing them distress. Our goal is to positively reduce substance use, self-harming behaviors, crisis utilization and hospitalization. Beginning with a consultation to assess the need for services, our services are provided as much as

needed, up to 12 hours per week. These appointment hours are set accommodating the client’s schedule and are designed to not interfere with natural supports.

**Behavioral Coaching-** Adults All stakeholders involved with the client are included in this program’s ongoing coordination. Stakeholders are frequently asked for feedback on behaviors and changes in behaviors via a Functional Behavioral Assessment. This is done to increase the following: Consistency for the client; progression and development in life activities; and use of coping skills and communication.

**Crisis/ Hospitalization Follow- up Program:**

After a crisis hospitalization, these One-to-One support services are provided in the client’s environment to help them with follow-up appointments, services and skills development. Our clients are guided toward the direct day-to-day application of skills in the areas that are causing them distress. This is done with the goal to reduce substance use, self-harming behaviors, crisis utilization and hospitalization.

**Counseling**

**Chronic Pain Program,** close coordination is maintained with the client’s medical doctor, pain management specialist, physical therapist and/or all applicable medical providers. The goal of this program is to increase the following: Stress management, Meaningful life activities, Tolerance of living life with the pain they have without increasing suffering.

**Services are for:**

- Adults enduring persistent chronic pain that their medical doctor believes is increased or caused by psychological factors.
- Adults that have misused pain medications
- Adults that experience limited or reduced daily activities due to their pain.

**Couples Counseling:**

We work with couples to determine their individual primary relationship struggles and identify what each person needs from the relationship. Once this is done, we help them to focus on improving communication skills, working on acceptance of each other’s differences, and coming together through their commonalities.

**Agency’s Specialties:**

Our adult counseling/mentoring program covers all general mental health diagnoses. We offer both Adult Individual and Group counseling.

**Some of our focus specialties are:**

- Personality Disorders
- Anxiety
- Hoarding
- Obsessive Compulsive Disorder
- Co-occurring Struggles
- Substance Abuse
- Complex Trauma
- Grief
- Depression
- Self- harm
- Compassion Fatigue

Contact information	Referral details	Hours of Operation
3118 W. Thomas Rd. Suite 712, Phoenix, AZ 85017 <b>P:</b> 602-388-4017 <b>F:</b> 480-247-4465	Call: 602-388-4017  Email: Referral@ElPasoCares.org	Monday – Friday: 9:00 am – 11:00 am 1:00 pm – 3:00 pm



## El Rio Health

<https://www.elrio.org/>

At El Rio Health, services are provided by Psychiatrists or PMHNPs, Licensed Independent Social Workers/Licensed Professional Counselors and Behavioral Health Case Managers. Medication Assisted Treatment – Services provided by two Psychiatrists to help improve the management of patients who have chronic pain or opioid dependence with suboxone.

Contact information	Referral details	Hours of Operation
<b>Cherrybell</b> 1230 S. Cherrybell Stravenue, Tucson, AZ 85713 <b>P:</b> 520-628-8287 <b>F:</b> 520-309-2560	Call: 520-670-3909	Monday – Friday: 8:00 am – 8:00 pm Saturday: 8:00 am – 4:00 pm
<b>Congress</b> 839 W. Congress St. Tucson, AZ 85745 <b>P:</b> 520-670-3909 <b>F:</b> 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8: 00 am – 4:00pm
<b>El Pueblo</b> 101 W. Irvington Rd. Building 10 Tucson, AZ 85714 <b>P:</b> 520-670-3909 <b>F:</b> 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8: 00 am – 4:00pm
<b>Northwest</b> 320 W. Prince Rd./340 W. Prince Rd. Tucson, AZ 85705 <b>P:</b> 520-670-3909 <b>F:</b> 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8: 00 am – 4:00pm
<b>Southeast</b> 6950 E. Golf Links Tucson, AZ 85730 <b>P:</b> 520-670-3909 <b>F:</b> 520-309-2560	Call: 520-670-3909	Monday – Friday: 7:00 am – 8:00 pm Saturday: 8:00 am – 4:00pm

## Escalera Health and Wellness

<https://www.escalerahealth.com/>

Escalera Health is a private, fully integrated licensed clinic for adults, bringing the best of primary care and mental health care and addressing substance use. It is the seamless blending of two or more modalities of care into one. Our solution is to systematically coordinate substance use, mental health, and primary care services to produce the most effective treatments and outcomes. We use one electronic medical record and have regular face-to-face interdisciplinary staff meeting to discuss patient care, outcomes, and safety.

**Topics include:**

- Chronic Pain
- Grief and Loss
- Healthy Relationships

**Services include:**

- Individual Therapy
- Group Therapy
- Psychiatric Evaluation
- Psychiatric Medication Reviews
- Assessment
- Case Management

**Primary services:**

- Preventative Visits
- Physicals
- New/Established Primary Care visits

Contact information	Referral details	Hours of Operation
<b>Main Location *OBOT</b> 2224 N. Craycroft Rd. Suite 100 Tucson, AZ 85712 <b>P:</b> 520-209-1919 <b>F:</b> 520-207-6200	Call: 520-209-1919 E-mail: <a href="mailto:info@escalerahealth.com">info@escalerahealth.com</a>	Monday – Friday: 7:30 am – 5:00 pm
<b>University Location *OBOT</b> 1650 N. Tucson Blvd. Suite 40 Tucson, AZ 85716 <b>P:</b> 520-326-6845 <b>F:</b> 520-207-6200	Call: 520-326-6845 E-mail: <a href="mailto:info@escalerahealth.com">info@escalerahealth.com</a>	Monday – Friday: 6:30 am – 5:30 pm

**Hope Inc.**

<https://www.hopearizona.org/>

**Nueva Luz:**

This program offers an array of outpatient services to those in need of care for behavioral health and substance use challenges. Our peer driven culture provides a unique model of care that is characterized by trust, acceptance and the use of empathy. Individuals will find recovery support through groups and individual services, the navigation of community resources, and through coordination of care to support their individual recovery goals. Supervised day program for members in need of extra support to participate in group milieu.

**Nueva Esperanza:**

This program offers an array of outpatient services to those in need of care for behavioral health and substance use challenges with special emphasis on members with criminal justice system involvement. Our peer driven culture provides a unique model of care that is characterized by trust, acceptance and the use of empathy. Individuals will find recovery support through groups and individual services, the navigation of community resources, and through coordination of care to support their individual recovery goals.

### **Crisis Services:**

The PACT team receives referrals from the CRC and other behavioral health inpatient facilities and the team provides support to the members in the community for up to 45 days.

### **Peer After-Care Team (PACT):**

As a second-responder peer support team, PACT works with members in the community to help with stabilization following a crisis episode. PACT seeks to bridge gaps and facilitate effective transitions working with all involved community agencies on the member's behalf for a period of up to 45 days. PACT's overall goals are to successfully link members with available supports and has obtained additional fundamental coping skills to strengthen their recovery.

### **Opioid Outreach:**

This grant funded program offers peer support to assist community members obtain treatment for an opioid use disorder. Peer staff conducts outreach to underserved, high-risk populations, engage high-risk populations in MAT services, assist with navigation to additional services that promote successful recovery and provide overall support to enhance recovery.

<b>Contact information</b>	<b>Referral details</b>	<b>Hours of Operations</b>
<b>Apache Junction Outpatient Services</b> 2066 W Apache Trail, Suite 111 Apache Junction, AZ 85120 <b>P:</b> 480-712-0682	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 5:00 pm
<b>Nueva Luz Outpatient Services</b> 1200 N. Country Club Rd Tucson, AZ 85716-3625 <b>P:</b> 520-770-1197	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 4:00 pm Saturday: 10:00 am-2:00 pm
<b>Nueva Esperanza Outpatient Services</b> 4067 E. Grant Rd Tucson, AZ 85712-2576 <b>P:</b> 520-770-1197	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 5:00 pm
<b>Peer After-Care Team (PACT)</b> 1200 N Country Club Rd Tucson, AZ 85716 <b>P:</b> 520-990-4537	Email: peercrisisteam@hopearizona.org	7 days a week 8:00 am – 6:00 pm
<b>Yuma Outpatient Services</b> 201 South 1st Avenue Yuma, AZ 85364 <b>P:</b> 928-783-3613	Email: BEN@hopearizona.org	Monday – Friday: 8:00 am – 5:00 pm

<b>Warm Line</b> <b>Call:</b> 520-770-9909 844-733-9912		7 days a week, 365 days a year 8:00 am – 10:00 pm
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## Horizon Health Wellness

<http://www.hhwaz.org/>

Horizon Health Wellness is an integrated clinic providing medical and psychiatric care. We provide all general mental health services including psychiatric assessments, medication management, counseling (individual, group, and family), family support, peer supports, and case management.

Our MAT Program is called STOP: Substance Abuse Treatment for Opiate Addiction Program and it is managed with our primary care provider. We treat and view addiction as a chronic relapsing brain disease and are working to manage the physical symptoms of opiate use disorder along with behavioral health services (therapy and psychiatric services if needed) in conjunction to manage the emotional part of addiction.

### Court Ordered Programs:

Intakes, treatment and education as required by the state, these services are self-pay: DUI, Domestic Violence and Anger Management Classes

### Therapeutic Services:

- Dialectical Behavioral Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Intensive Outpatient (IOP)
- Trauma Counseling.

Most services are offered at every location, including MAT services. Outlier clinics use telemed when a live provider is unable to be present.

Contact information	Referral details	Hours of Operation
<b>Apache Junction</b> <b>*OBOT</b> 625 N. Plaza Dr. Apache Junction, AZ 85120 <b>P:</b> 480-983-0065 <b>F:</b> 480-983-0896	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>Casa Grande</b> 210 E. Cottonwood Ln. Casa Grande, AZ 85122 <b>P:</b> 520-836-1688 <b>F:</b> 520-876-1796	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 6:00 pm
<b>Crisis Stabilization</b> <b>/Observation *OBOT</b> 450 W. Adamsville Rd. Florence, AZ 85132 <b>P:</b> 520-635-6336 <b>F:</b> 520-868-8134	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm

<b>Outpatient Behavioral Health</b> <b>P:</b> 520-635-6300 <b>F:</b> 520-868-8159		
<b>Globe</b> 415 W. Baseline Spur Globe, AZ 85501 <b>P:</b> 928-402-9297 <b>F:</b> 928-402-9414	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
<b>Habilitation- Day Program &amp; Group Home</b> 160 W. University Dr. Mesa, AZ 85201 <b>P:</b> 480-983-0065	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>Nogales Habilitation Day Program</b> 412 N. Morley Ave, Nogales, AZ 85621 <b>P:</b> 520-287-9678	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 4:00 pm
<b>Queen Creek</b> 22713 S. Ellsworth Rd. Building A, Suite 101, Queen Creek, AZ 85142 <b>P:</b> 480-474-5670 <b>F:</b> 480-987-7643	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
<b>San Pedro Valley – Oracle</b> 980 E. Mt Lemmon Rd. Bldgs. 1 & 2 Oracle, AZ 85623 <b>P:</b> 520-896-6019 <b>F:</b> 520-896-2035	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
<b>Kearny</b> 374 Alden Rd. Kearny, AZ 85137 <b>P:</b> 520-363-9578 <b>F:</b> 520-363-9592	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm
<b>Yuma</b> 791 South 4th Ave, Yuma, AZ 85364 <b>P:</b> 928-783-3986 <b>F:</b> 928-783-0283	Call: 480-983-0065 Email: Call.center@hhwaz.org	Monday – Friday: 8:00 am – 5:00 pm

## Intensive Treatment Systems

<http://www.itsofaz.com>

Intensive Treatment Systems (ITS) is a, outpatient substance use treatment program providing Medication Assisted Treatment (MAT) to patients who are affected by Opioid Use Disorder and/or Alcohol Use Disorder. The primary treatment objective of ITS is to help patients free themselves from the dysfunctional pattern of drug and alcohol use through medications such as Methadone, Vivitrol and Suboxone as well as counseling, peer support and case management services.

Our aim is to guide members toward a drug and alcohol-free lifestyle with improved personal and vocational functioning. Medication services are provided 24 hours a day 7 days a week and closely monitored by qualified medical staff, who emphasize safety and a comprehensive approach to the patient’s treatment. Counseling and case management services are provided by addictions professionals who utilize Motivational Interviewing and other evidenced based practices to ensure exceptional recovery-oriented and patient centered treatment.

Contact information	Referral details	Hours of Operation
<b>Main Clinic *OTP</b> 651 W. Coolidge Street Phoenix, AZ 85013 <b>P:</b> 602-248-0550 <b>F:</b> 602-248-0557	Call: 855-245-6350 Email: <a href="mailto:Intake@itsofaz.com">Intake@itsofaz.com</a>	Monday – Saturday: 4:00 am – 12:00 pm
<b>North Clinic*OTP</b> 19401 N. Cave Creek Road, Ste # 18 Phoenix, AZ 85204 <b>P:</b> 602-996-0099 <b>F:</b> 602-996-1915	Call: 855-245-6350 Email: <a href="mailto:Intake@itsofaz.com">Intake@itsofaz.com</a>	Monday – Saturday: 4:00 am – 8:00 pm
<b>West Clinic COE *OTP</b> 4136 N. 75th Avenue, Suite #116 Phoenix, AZ 85033 <b>P:</b> 623-247-1234 <b>F:</b> 623-247-4321	Call: 855-245-6350 Email: <a href="mailto:Intake@itsofaz.com">Intake@itsofaz.com</a>	24 hours a day. 7 Days a week Intakes 24 Hours a Day
<b>San Tan Clinic *OTP</b> 36375 N. Gantzel RD. #101 San Tan, AZ 85140 <b>P:</b> 602-666-1902 <b>F:</b> 602-666-1920	Call: 855-245-6350 Email: <a href="mailto:Intake@itsofaz.com">Intake@itsofaz.com</a>	Monday – Saturday: 5:00 am – 1:00 pm

## Jewish Family & Children’s Services

<http://www.jfcsaz.org>

At Jewish Family & Children’s Service, we help provide counseling and psychiatric services for adults who need a compassionate ear. While our services are built from core Jewish beliefs, they have a universal application that can apply to people of all faiths and spiritual practices. It is important to us that you feel like you have a safe space in the community to vent your concerns and get help with life’s struggles.

We provide comprehensive in-home support such as counseling, case management, advocacy and referrals to appropriate resources. These services are designed to improve emotional health and develop community connections. This is an ideal program for seniors who have a difficult time leaving the home and need more social interaction. Our goal is to enhance independence and improve quality of life.

**Medication Lines (MedLine):**

These MedLines are for current consumers at JFCS. The MedLine is an important tool for members to use for contacting our medical support staff or the JFCS prescriber.

**Services for Adult Members:**

- Psychiatric Care
- Medication Services
- In-Home Services
- General Mental Health/Substance Abuse Services
- Senior Concierge Services
- Memory Café
- Creative Aging
- Integrated Health for Adults

Contact information	Referral details	Hours of Operation
<b>MRZ Healthcare Center</b> 3001 N. 33rd Avenue Phoenix, AZ 85017 <b>P: 602-353-0703</b>	Call: 602.256.0528 Fax: 602.254.8611	Therapy Monday – Thursday: 7:00 am -7:00 pm Friday: 7:00 am -5:00 pm
<b>Glendale Healthcare Center</b> 5701 W. Talavi Blvd., Suite 180 Glendale, AZ 85306 <b>P: 623-486-8202</b>	Call: 602.256.0528 Fax: 602.254.8611	Monday – Thursday: 8:00am – 4:30pm Friday: 8:00am – 1:00pm

**La Frontera-EMPACT SPC**

<http://www.lafronteraaz.org/>

La Frontera-EMPACT offers individual counseling, family counseling, group counseling, comprehensive and collaborative assessment, and treatment plan, evidence-based clinical intervention, crisis intervention and stabilization.

Skills training, and development, psychosocial rehabilitation services, living skills training, psychoeducational services, psychiatric evaluation, mental health assessment, (by non-physician). Pre-job training and development, ongoing support to maintain employment. Medication management, outpatient substance use treatment, based on ASAM Evaluation, Intensive Out Patient (IOP), Standard Outpatient Program (SOP), Aftercare Recovery Maintenance, peer support services, case management. RN services and medication training support services are offered at specific sites only. Sign language, and oral interpretive services are available upon request.

Specialty programs include, Comprehensive Community Housing Program (CCHP) in all Maricopa County sites for specific GMHSU members only. The Crisis Navigator Program (CTN), is a short-term program designed to connect and assist member’s meet their needs and ensure community stabilization.

Contact information	Referral details	Hours of Operation
<b>La Frontera-Apache Junction</b> 11518 E Apache Trail # 129 Apache Junction, AZ 85120 <b>P:</b> 480-317-2214	Call: 480-317-2214	Monday – Thursday: 7:00 am – 7:00 pm Friday 7:00 am – 5:00 pm
<b>La Frontera-Comunidad</b> 1035 E. Jefferson St. Phoenix, AZ 85034 <b>P:</b> 602-251-0650	Call: 480-784-1514	Monday – Friday: 8:00 am – 5:00 pm
<b>La Frontera-EMPACT SPC, Maricopa</b> 21476 N. John Wayne Pkwy C101 Maricopa, AZ 85139 <b>P:</b> 520-316-6068	Call: 480-784-1514	Monday – Thursday: 7:00 am – 7:00 pm Friday: 7:00 am – 5:00 pm
<b>La Frontera-EMPACT SPC, TEMPE</b> 618 s. Madison Dr. Tempe, AZ 85281 <b>P:</b> 480-784-1514	Call: 480-784-1514	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 6:00 pm
<b>La Frontera-Glendale</b> 4425 W. Olive Ave. Suite 194 Glendale, AZ 85302 <b>P:</b> 480-784-1514	Call: 480-784-1514	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 6:00 pm
<b>La Frontera-San Tan</b> 2474 E. Hunt Hwy Suite A 100 San Tan Valley, AZ 85143 <b>P:</b> 480-317-2213	Call: 480-317-2213	Monday – Thursday: 7:00 am – 7:00 pm Friday: 7:00 am – 5:00 pm

## La Frontera-Hope Center

<http://www.lafronteraaz.org/>

At Hope Center, is an Intensive Outpatient program, that requires 9 hours per week of intensive group-based work for people with SUD. We monitored the administration of methadone and suboxone for treatment of opiate use disorders utilizing the Matrix Model. Services to treat members include: Counseling, Skills Training, Peer Support, Support to maintain employment, Psycho educational services, Counseling Medication Services, Psychotherapy.

### Intensive Outpatient Program:

9 hour a week intensive group-based program for people with SUD. Utilizes the Matrix Model.

Domestic Violence Screening, Treatment, & Education Group based treatment and education on the effects of domestic violence using the Duluth Model. Approved by the Courts.



**DUI Screening, Treatment & Education:**

Group based treatment and education for individuals arrested while driving under the influence of alcohol and/or drugs.

**Comprehensive Employment:**

Services Pre-vocational services, job development and placement, supported employment, and extended supported employment for individuals with behavioral health issues.

**Peer Training Institute:**

Instruction and training for peers wishing to become state certified.

**Medication Assisted Treatment:**

Monitored administration of methadone and suboxone for treatment of opiate use disorders.

**Evidence Based Trauma Therapy:**

For borderline personality disorder, mood disorder, trauma.

- EMDR
- Intensive DBT

**Crisis Services:**

La Frontera does offer crisis afterhours staff for crisis intervention/mobile crisis, and welfare checks, as well as a 24/7-member hotline. Member Support Line 24/7 365 days a year Staff available 24/7 for assessment and triage.

Contact information	Referral details	Hours of Operation
<b>La Frontera-New Life</b> 1082 E. Ajo Way Suite 100 Tucson, AZ 85713 <b>P:</b> 520-741-3120	Intake: 520-838-3804 Email: <a href="mailto:enroll@lafrontera.org">enroll@lafrontera.org</a> Fax for Referral: 520-884-1135	Monday – Thursday: 8:00 am - 5:00 pm
<b>La Frontera East Clinic *OBOT</b> 4891 E. Grant Rd, Tucson, AZ 85712 <b>P:</b> 520-296-3296	Intake: 520-838-3804 Email: <a href="mailto:enroll@lafrontera.org">enroll@lafrontera.org</a> Fax for Referral: 520-884-1135	Monday – Friday: 8:00 am - 5:00 pm
<b>Hope Center *OTP</b> 260 S. Scott Tucson, AZ 85701 <b>P:</b> 520-585-5408	Intake: 520-838-3804 Email: <a href="mailto:enroll@lafrontera.org">enroll@lafrontera.org</a> Fax for Referral: 520-884-1135	Monday – Friday: 5:00 am - 12:00 pm Saturday: 6:00 – 9:00 am
<b>La Frontera Mountain Clinic</b> 3620 N. Mountain Ave. Tucson, AZ 85719 <b>P:</b> 520-882-5145	Intake: 520-838-3804 Email: <a href="mailto:enroll@lafrontera.org">enroll@lafrontera.org</a> Fax for Referral: 520-884-1135	Monday – Friday: 8:00 am - 5:00 pm
<b>La Frontera Southwest</b> 1210 E. Pennsylvania St. Tucson, AZ 85714 <b>P:</b> 520-741-2351	Intake: 520-838-3804 Email: <a href="mailto:enroll@lafrontera.org">enroll@lafrontera.org</a> Fax for Referral: 520-884-1135	Monday – Friday: 8:00 am - 5:00 pm

<b>La Frontera Center, Inc.</b> 1101 E. Broadway Blvd., Suite 130 Tucson, Arizona 85719 <b>P:</b> 520- 838-5700	Intake: 520-838-3804 Email: <a href="mailto:enroll@lafrontera.org">enroll@lafrontera.org</a> Fax for Referral: 520-884-1135	Monday – Friday: 8:00 am - 5:00 pm
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## Lifewell Behavioral Wellness

<http://www.lifewell.us/>

Lifewell Behavioral Wellness, provides outpatient, rehabilitation, and residential treatment services to individuals with a mental health and/or substance use. Lifewell works with GMH/SU and SMI populations and serves adults age 18+.

### Outpatient Services:

- Comprehensive Assessments
- Individual and Group Counseling.
- Substance Abuse Treatment
- Anger Management
- Co-occurring (mental health and substance use)
- General Mental Health
- Women’s Day Group
- Relapse Prevention
- Chronic Disease Management
- Health and Wellness
- Psychiatric Evaluation
- Medication Monitoring

### Rehabilitation Services:

Assists individuals in developing skills and behaviors to achieve and sustain community integration, vocational skills, and social independence.

- Supported Education Program
- Academic Assessment
- Adult Basic Education, Pre-GED, and GED Instruction
- Computer Skills
- Peer Certification Training
- Culinary Awareness and Nutrition
- Supported Volunteering
- Health and Wellness
- Career Areas- 1:1 support and groups

### Residential (Female) GMH/SU:

- Substance abuse treatment for women
- Priority program for those expecting a child/have child up to age 5
- On Site Nursery
- Medically assisted treatment available

Contact information	Referral details	Hours of Operation
<b>LWC Mitchell</b> 40 E. Mitchell Dr. Phoenix, AZ 85012 <b>P:</b> 602-264-4331	Call: 602-808-2822 E-mail: <a href="mailto:referrals@lifewell.us">referrals@lifewell.us</a>	Monday – Friday: 8:00 am – 5:00 pm
<b>LWC Beryl</b> 2505 W. Beryl Ave. Phoenix, AZ 85021 <b>P:</b> 602-957-2220 <b>F:</b> 602-599-5999	Call: 602-808-2822 E-mail: <a href="mailto:referrals@lifewell.us">referrals@lifewell.us</a>	Monday – Friday: 8:00 am – 4:00 pm

<b>LWC University</b> 262 E. University Dr. Mesa, AZ 85201 <b>P:</b> 602-808-2800 <b>F:</b> 602-599-5999	Call: 602-808-2822 E-mail: <a href="mailto:referrals@lifewell.us">referrals@lifewell.us</a>	Monday – Friday: 8:00 am – 5:00 pm
<b>LWC Power</b> 6915 E. Main St. Mesa, AZ 85207 <b>P:</b> 602-353-2340 <b>F:</b> 602-599-5999	Call: 602-808-2822 E-mail: <a href="mailto:referrals@lifewell.us">referrals@lifewell.us</a>	Monday – Friday: 8:00 am – 5:00 pm

## Marana Healthcare

<http://www.mhchealthcare.org>

To receive MAT/OBOT services member must be 21 years and older w/ OUD dx confirmed by an MD/DO/NP. If member is Pregnant or actively seeking pregnancy. Currently using: Benzodiazepines, alcohol and cocaine. Our clinic offers individual, and Co-Ed group counseling, for Substance Use through our Intensive Outpatient Programs. Wellness Recovery Action Plan (WRAP) is an evidenced-based practice which has shown great success in recovery for members with substance use issues, and mental health conditions.

Over the course of 10-weeks, members learn about costs and consequences of drug and alcohol abuse, the relationship of familial factors on their substance use, the course and progression of substance use in their own lives and the impact of other environmental factors, identifying substance use triggers, and developing a simple relapse prevention plan.

Contact information	Referral details	Hours of Operation
<b>Counseling and Wellness Center* OBOT</b> 13395 N. Marana Main St. Bldg. B, Marana, AZ 85653 <b>P:</b> 520-682-1091 <b>F:</b> 520-616-6799	Call: 520-616-6760	<b>MAT</b> Monday: 7:30 am -5:30 pm Tuesday, Wednesday, Thursday: 7:30am – 2:30pm Friday: 8:00 am – 5:00 pm
<b>Wilmot Family Health Center</b> 899 N. Wilmot Rd, Tucson, AZ 85711 <b>P:</b> 520-290-1100 <b>F:</b> 520-290-8997	Call: 520-290-1100	Monday – Friday: 7:00 am – 8:00 pm
<b>Santa Catalina Health Center</b> 16701 N. Oracle Rd #135, Tucson, AZ 85739 <b>P:</b> 520-825-6763 <b>F:</b> 520-825-6841	Call: 520-825-6763	Monday – Friday: 8:00 am – 5:00 pm

## Mariposa Community Health Center (MCHC)

<http://www.mariposachc.net/>

One of our goals at Mariposa Community Health Center is to improve quality of life and reduce harm to patients with Opioid Use Disorder (OUD) utilizing Medication-Assisted Treatment with compassion and empathy. The medication we have chosen to prescribe is Buprenorphine and Naloxone. MAT Services are also offered to pregnant women by our trained OB/GYN. Mariposa's Pharmacy will dispense the medication to the patient to begin induction at the Center. The patient will continue treatment at home after clinical improvement is observed and the induction process is completed. A follow up appointment is required in 24 hours to monitor the patient's progress.

Contact information	Referral details	Hours of Operation
<b>Nogales Campus *OBOT</b> 1852 N. Mastick Way Nogales, AZ 85621 <b>P:</b> 520-281-1550	Call: 520-281-1550	<b>MAT</b> Monday – Friday: 8:00 am – 4:40 pm Saturday: 9:00 am – 1:00 pm
<b>*OBOT</b> 1103 Circulo Mercado Rio Rico, AZ 85648 <b>P:</b> 520-281-1550	Call: 520-281-1550	Monday – Saturday: 8:00 am – 5:00 pm

## Native American Connections

<https://www.nativeconnections.org>

Native American Connections offers substance use treatment and general mental health services including residential treatment for substance use and co-occurring disorders. NAC has partnerships with State Regional Behavioral Health Authority (RBHA), Tribal RBHAs, Tribes, and Indian Health Services (IHS).

At Native American Connections, we combine evidence-based treatment practices with Native American healing & ceremonies to provide a holistic environment that heals the mind, body and spirit. Our programs and services include:

### Residential Substance Use Treatment and Recovery Program:

- Patina Wellness Center

### Adult Outpatient Services:

- Substance Use and Intensive and Standard Outpatient Programs
- Counseling & Case Management
- Peer Recovery & Coaching
- Support Services & Recovery Coaching for Transition Age Youth (18-21)
- Adult Recovery Teams

Contact information	Referral details	Hours of Operation
<b>Outpatient Treatment Center -</b> 4520 N. Central Avenue, Suite 100/120 and 380 Phoenix, Az 85012	Fax: 602-424-1623 Email: <a href="mailto:assessment@nativeconnections.org">assessment@nativeconnections.org</a>	Monday – Friday: 8:30 am – 5:00 pm

<b>P:</b> 602-424-2060 <b>F:</b> 602-424-1623	*Note all assessments are done at this location by walk in or by appointment*	
<b>Residential Site: Patina Wellness Center</b> 337 E. Virginia Avenue Phoenix, Az 85004 <b>P:</b> 602-226-4500 <b>F:</b> 602-226-4561	Fax: 602-424-1623 Email: <a href="mailto:assessment@nativeconnections.org">assessment@nativeconnections.org</a>	Open 24/7

## Native Health

<https://www.nativehealthphoenix.org>

Native Health serves the GMH/SU adult population, currently group services are exclusive to the adult population. All BH services at NATIVE HEALTH require that an intake, inclusive of BH screening, intake and assessment, be completed, prior to engaging in services. However, if an individual has already completed an assessment that is compliant with ACC standards within the past year and is still applicable to the individual's presenting concerns and diagnoses, then the assessment portion of the intake can be excluded.

### Intake for ALL new BHD patients:

- Screening
- Comprehensive Assessment
- Interim service plan

### Specific and Specialty Services For:

- Individuals designated SMI (some limited exceptions for some group services)
- Autism Spectrum Disorder (ASD)
- DUI Screenings
- DUI education classes
- Driver's license reinstatement

### Onsite Psychiatry for:

- Initial Psych. Evaluations
- Follow-up medication management

### Tele-psychiatry for:

- Initial Psych. Evaluations
- Follow-up medication management

### Onsite Group Counseling for:

- Anger Management
- Domestic Violence (offenders- Men's/Women's)
- Intensive Outpatient (IOP) Substance Use
- Standard Outpatient (STOP) Substance Use
- Talking Circle (Sundays)

### Individual Counseling for:

- Anxiety
- Trauma
- Depression
- Substance Use
- Grief/loss
- Communication
- Disruptive behaviors

\*And any service already actively being provided through another agency

Contact information	Referral details	Hours of Operation
<b>NATIVE HEALTH (Central):</b> 4041 N. Central Ave. Bldg. C Phoenix, AZ 85012 <b>P:</b> 602-279-5262 ext. 3204 <b>F:</b> 602-279-5393	Fax: 602-279-5393	Monday – Friday: 8:30 am – 7:00 pm

<b>NATIVE HEALTH WEST</b> 2423 West Dunlap Ave. Suite 140 Phoenix, Arizona 85021 <b>P:</b> 602-279-5351 ext. 3533	Fax: 602-279-5393	Monday – Friday: 8:30 am – 7:00 pm
<b>NATIVE HEALTH Mesa</b> 777 West Southern Ave. Bldg. E Mesa, AZ 85210 <b>P:</b> 480- 550-4048 ext. 4104	Fax: 602-279-5393	Monday – Friday: 8:00 am – 5:00 pm

## Arizona Women’s Recovery Center

<https://azwomensrecoverycenter.org>

The Arizona Women’s Recovery Center offers a gender-specific Women’s Outpatient Program that recognizes that recovery for women requires forging a path to independence and empowerment. We serve niche population with extensive knowledge of the needs of pregnant and parenting women with addiction and mental health needs. In addition to dealing with addiction issues, AWRC program focuses on the development of life skills, resolution of life issues, creating goals, re-enforcing values, employment, and building self-image. AWRC offers housing for women, pregnant women, and women with children who are in our outpatient program dependent on availability.

### Mental Health Services:

- Individual Counseling
- Group Counseling
- DBT Skills Training
- Closed Trauma Group
- Family Counseling
- Case Management
- Psychiatric Nurse Practitioner
- Disease and The Concept of Addiction
- Grief
- Relapse Prevention
- Social support through 12 Step meetings and sponsors
- Creating boundaries
- Maintaining healthy relationships
- Developing positive coping skills
- Behavior modification
- Creating a recovery-based belief and values system
- Working through abuse issues
- Dual Diagnosis Relapse Prevention group

### Support Services:

- Mother Roles and Relationships
- Parenting Skills
- Parenting Coaching
- Fetal Alcohol Syndrome
- Peer Support
- Job Development
- GED Support
- Career Counseling

Contact information	Referral details	Hours of Operation
4201 N. 16 <sup>th</sup> St. Suite 140 Phoenix, AZ 85016 <b>P:</b> 602-264-6214 <b>F:</b> 602-265-2102	Call: 602-264-6214	Monday – Friday: 8:00 am – 5:00 pm

## New Hope Behavioral Health Center

<http://nhbhc.net/index.html>

New Hope Behavioral Health Center is a MAT Out-Patient Methadone only treatment center for members with Opioid Use Dependency. Individual and group counseling are available for members. Vocational Rehabilitation services are available for established MAT patients only.

### Services Provided:

- Substance Abuse Treatment
- Detoxification
- Methadone Maintenance
- Methadone Detoxification

Contact information	Referral details	Hours of Operation
<b>*OTP</b> 215 S. Power Rd. Ste. 114 Mesa, AZ 85206 <b>P:</b> 480-981-1022 <b>F:</b> 480-981-1405	Call: 480-981-1022 877-508-9490	Monday – Friday: 4:30 am – 2:30 pm Wednesday: 4:30 am – 11:30 am 12:30 – 2:30 pm Saturday: 6:30 am – 8:30 am

## Open Hearts

<https://www.openheartsaz.org>

### Substance Abuse Services:

Substance Abuse Group; Group topics include increasing copings skills, relapse prevention techniques, understanding addictive thought processes, stress management, cross addiction, denial, post-acute withdrawal, decision making, life skills, impact of addiction on relationships. Group members receive and give support, share, gain education, and explore ways to meet their treatment goals.

### Co-Occurring Group Services:

CO-OP is our standard outpatient group for the treatment of members who have co-occurring disorders (mental health and substance use/dependence). Group focuses on the interactions that substance abuse can have on mental health, relationships, employment, legal issues and the interactions that mental health can have on substance abuse and dependence. Group members learn how to not “self-medicate” their mental health symptoms with drugs and/or alcohol and how to improve their lives to reach their treatment goals. CO-OP meets twice per week for 2 hours.

### Psychotherapy Group Services:

This group focuses on helping members effectively manage emotional situations. Group members are assisted in identifying the emotions they want less of and learn ways to reduce these emotions. Group members will learn to understand the cause of their emotions and the impact emotions can have on their lives as well as learn how to identify normal vs. self-defeating emotions. Group members will learn tools to aid in reducing or eliminating unnecessary emotional pain and stress. Depression anxiety, manic episodes and anger are some of the primary challenges that group members may face.

Contact information	Referral details	Hours of Operation
4414 N. 19 Ave. Phoenix, AZ 85015 <b>P:</b> 602-285-5550. <b>F:</b> 602- 285-5551	Call: Esther Calderon; 602-285-5550. Fax: 602- 285-5551 Email ecalderon@openheartsaz.org	Monday – Friday: 8:00 am – 5:00 pm
3280 S. Country Club Way suite #110 Tempe, AZ 85282 <b>P:</b> 602-285-5550 <b>F:</b> 602- 285-5551	Call: Esther Calderon; 602-285-5550. Fax: 602- 285-5551 Email ecalderon@openheartsaz.org	Monday – Friday: 8:00 am – 5:00 pm

## Pathways of Arizona Inc.

<https://www.pathwaysofaz.com/adult-services>

Pathways of Arizona offers case management and coordinate appropriate referrals for behavioral health care, treatment and resources. Pathways also offers medication management, supported employment services, home-based and office-based individual, group and/or family counseling services. Pathways also utilizes its peer support staff to assist clients in navigating the behavioral health system while sharing lived experiences.

### Services include:

- Comprehensive Intake Assessments
- Psychiatric Evaluations
- Ongoing Medication Management
- Individual Therapy
- Seven Challenges—Individual and Group
- Case Management
- Employment Services
- Family Therapy

Contact information	Referral details	Hours of Operation
<b>Glendale</b> 2830 W Glendale Ave, Suite 23 Phoenix, AZ 85051 <b>P:</b> 520-570-1443	Call: (520)748-7108 <a href="mailto:AdmissionsTucson@pathways.com">AdmissionsTucson@pathways.com</a> **We do not have support or case management services at this location**	Monday – Friday: 9:00 am – 5:00 pm
<b>Main Tucson *OBOT</b> 1161 N. El Dorado Pl. Suite 103 Tucson, AZ 85715 <b>P:</b> 520-748-7108 <b>F:</b> 520-570-1395	Call: (520)748-7108 Email: <a href="mailto:AdmissionsTucson@pathways.com">AdmissionsTucson@pathways.com</a>	Monday – Thursday: 8:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm
<b>Northwest Tucson*OBOT</b> 3295 W. Ina Rd. Suite 150 Tucson, AZ 85741 <b>P:</b> 520-744-4376	Call: 520-744-4376 or 1-800-489-0064 Email: <a href="mailto:AdmissionsTucson@pathways.com">AdmissionsTucson@pathways.com</a>	Monday and Wednesday: 8:00 am – 6:00 pm Tuesday and Thursday: 8:00 am – 7:00 pm Friday:



<b>F:</b> 520-579-1138		8:00 am – 5:00 pm
<b>Yuma</b> 3818 W. 16 <sup>th</sup> St. Yuma, AZ 85364 <b>P:</b> 928-317-0177 <b>F:</b> 928-783-0522	Call: 928-317-0177 Email: <a href="mailto:AZYum03Admitcomm@pathways.com">AZYum03Admitcomm@pathways.com.</a>	Monday: 7:00 am – 6:00 pm Tuesday – Friday: 7:00 am – 5:00 pm

## Pinal Hispanic Council

<https://www.pinalhispaniccouncil.org/>

Pinal Hispanic Council offers a full and integrated continuum of behavioral health services. This allows for placing individuals in the most appropriate level of treatment for their needs and allowing step down to other services depending on specific situations. PHC recruits qualified and competent behavioral health staff to accurately assess, diagnose and treat most mental health and substance abuse problems.

### Treatment is available for:

- Depression
- Anxiety
- Grief
- Obsessive Compulsive Disorder
- Alcohol Abuse/Dependency
- Drug Abuse/Dependency
- Anger Management
- Family Conflicts
- Domestic Violence
- Child Behavior Problems

Contact information	Referral details	Hours of Operation
<b>Centro de Amistad</b> 275 N. Grand Court Plaza Nogales, AZ 85621 <b>P:</b> 520-287-0015 <b>F:</b> 520-287-0180	Call: 520-287-0015	Monday – Friday: 8:00 am – 5:00 pm
<b>Centro de Bienestar</b> 1940 N. 11 <sup>th</sup> St. Douglas, AZ 85607 <b>P:</b> 520-364-4508 <b>F:</b> 520-364-6439	Call: 520-364-4508	Monday – Friday: 8:00 am – 5:00 pm
<b>Centro de Ayuda</b> 107 e. 4 <sup>th</sup> St. Eloy, AZ 85131 <b>P:</b> 520-466-0921 <b>F:</b> 520-466-4475	Call: 520-466-0921	Monday – Friday: 8:00 am – 5:00 pm
<b>Centro de Conosimiento</b> 330 N. Picacho St. Casa Grande, AZ 85122 <b>P:</b> 520-876-5833 <b>F:</b> 520-839-9702	Call: 520-876-5833	Monday – Friday: 8:00 am – 5:00 pm

<b>Centro de Unidad</b> 556 S. Arizona Blvd. Coolidge, AZ 85128 <b>P:</b> 520-723-7405 <b>F:</b> 520-723-7410	Call: 520-723-7405	Monday – Friday: 8:00 am – 5:00 pm
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## Recovia

<https://www.recovia.com>

Recovia programs offer an integrated outpatient approach to address prescription medication dependency, chronic pain and substance abuse. All programs are based on an interdisciplinary treatment model, combining both medical, behavioral, and holistic treatment modalities.

The team of licensed professionals offers a comfortable and calm reprieve that promotes personal restoration. Detox and/or chronic pain management process, can be a scary process, but patients are given the tools they need to succeed. Recovia can help reduce dependency on multiple forms of prescription medication including but not limited to, Oxycodone, Morphine, Percocet, Hydrocodone, Fentanyl and Codeine. Medication tapers or MAT (medication assisted treatment) are administered under medical supervision, by a licensed medical practitioner. Recovia also addresses substance abuse issues that may or may not have developed in response to pain or an injury. This includes addiction to heroin, Adderall and Benzodiazapines (like Xanax or Clonazepam).

### Therapeutic Services:

- EMDR
- Individual and Group Counseling
- Biofeedback
- Detox
- Taper
- MAT

### Services Include:

- Psychosocial Education Anxiety
- Physical Therapy
- PT-Based Yoga
- Dry Needling

Contact information	Referral details	Hours of Operation
<b>Recovia - Deer Valley</b> 19636 N 27th Ave Suite 106 Phoenix, AZ 85027 <b>P:</b> 480-712-4600 <b>F:</b> 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm
<b>Recovia - Tempe</b> 1910 E Southern Ave Tempe, AZ 85282 <b>P:</b> 480-712-4600 <b>F:</b> 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm
<b>Recovia - Northern</b> 2411 W Northern Ave Suite 201 Phoenix, AZ 85021 <b>P:</b> 480-712-4600 <b>F:</b> 602-428-7045	Call: 480-712-4600 HUB@recovia.com	Monday – Friday: 8:00 am – 6:00 pm

## Regional Center for Border Health Inc.

<http://www.myfamilybihs.org>

Regional Center for Border Health, Inc. /Family Behavioral Integrated Health Services, is an integrated comprehensive, and continuum primary behavioral healthcare model. Outpatient behavioral health services are for families, children, adult & youth. RCBHI is a certified to address DUI, and Misdemeanor Offender Domestic Violence Screening, and Education.

Operation TLC, is a Transitional Living Care Program Medical Home, promoting physical and mental health it is a safe place for those men, and women recovering from substance abuse disorder.

### Behavioral Health Services:

- Children & Adult Services
- 24-Hour On-Call Services
- Psychiatric Services
- Medication Management
- Individual & Family Therapy
- Employment Services
- Peer/Family/Direct Services
- Substance Abuse Evaluation & Treatment
- Case Management
- Support Groups
- Transportation
- DUI Screening, Education & Treatment
- Domestic Violence Services

Contact information	Referral details	Hours of Operation
<b>San Luis Walk in Clinic, Inc. Family Behavioral Health Integrated Services</b> 1896 E. Babbitt Lane San Luis, AZ 85349 <b>P:</b> 928-722-6112 <b>F:</b> 928-550-5466	Call: 928-722-6112	Monday – Friday: 7:00 am - 6:00 pm
<b>Family Behavioral Health Integrated Services</b> 214 W. Main St. Somerton, AZ 85350 <b>P:</b> 928-627-1120 <b>F:</b> 928-627-8315	Call: 928-627-1120 20	Monday – Friday: 7:00 am - 6:00 pm
<b>Family Behavioral Health Integrated Services</b> 1130 E. Main St. Somerton, AZ 85350 <b>P:</b> 928-627-2017 <b>F:</b> 928-627-2168	Call: 928-627-2717	Monday – Friday: 8:00 am - 5:00 pm
<b>San Luis Urgent Care</b> 1233 S. Main Street, Suite 1 A San Luis, AZ 85349 <b>P:</b> 928- 550-5514 <b>F:</b> 928-550-5160	Call: 928- 550-5514	Monday - Saturday: 9:00 am – 9:00 pm
950 E. Main St., Bldg. B Somerton, AZ 85350	Call: 928-256-4110	Monday - Friday: 7:00 am – 6:00 pm

<b>P:</b> 928- 236-8001		
601 W. Riverside Dr., Suite 4 Parker, AZ 85344 <b>P:</b> 928-256-4110	Call: 928-256-4110	Monday - Friday: 8:00 am - 5:00 pm

## Resilient Health

<https://www.resilienthealthaz.org/>

Resilient Health offers services related to addiction, mental health challenges, family challenges, sexual and gender identity challenges and physical health challenges.

Contact information	Referral details	Hours of Operation
<b>Main Office</b> 2255 W. Northern Ave. B100 Phoenix, AZ 85021	Call: 602-995-1767 Or (877)779-2470 Email: <a href="mailto:Referral@rhaz.org">Referral@rhaz.org</a>	Monday - Thursday: 8:00 am - 5:00 pm Friday: 8:00 am - 4:30 pm
<b>1<sup>st</sup> Street</b> 1415 N. 1 <sup>st</sup> St. Phoenix, AZ 85004 <b>P:</b> 602-595-5447	Call: 602-995-1767 Or (877)779-2470 Email: <a href="mailto:Referral@rhaz.org">Referral@rhaz.org</a>	Monday, Tuesday, Thursday: 8:00 am - 6:00 pm Wednesday: 8:00 am - 7:00 pm Friday: 8:00 am - 5:00 pm
<b>Lakeshore Drive</b> 4655 S. Lakeshore Dr. Tempe, AZ 85282 <b>P:</b> 480-894-1568	Call: 602-995-1767 Or (877)779-2470 Email: <a href="mailto:Referral@rhaz.org">Referral@rhaz.org</a>	Monday - Thursday: 9:00 am - 3:30 pm Wednesday: 10:00 am - 3:30 pm Friday: 9:00 am - 4:30 pm
<b>Ash Avenue</b> 4665 S. Ash Ave. Suite G-1 Tempe, AZ 85282 <b>P:</b> 480-83-3082	Call: 602-995-1767 Or (877)779-2470 Email: <a href="mailto:Referral@rhaz.org">Referral@rhaz.org</a>	Monday - Friday: 8:00 am - 5:00 pm
<b>Tucson Adult</b> 412 N. 6 <sup>th</sup> Ave. Suite 100 Tucson, AZ 85705	Call: 520-792-2801	Monday - Friday: 8:00 am - 5:00 pm
<b>Yuma</b> 1314 S. 4 <sup>th</sup> Ave. Suite B & C Yuma, AZ 85364	Call: 928-344-3870	Monday - Friday: 8:00 am - 5:00 pm

<b>Casa Grande</b> 309 W. 2 <sup>nd</sup> St. Casa Grande, AZ 85122	Call: 602-995-1767 Or (877)779-2470 Email: <a href="mailto:Referral@rhaz.org">Referral@rhaz.org</a>	Monday – Friday: 8:00 am - 5:00 pm
<b>Douglas</b> 1023 F Ave. Douglas, AZ 85607	Call: 520-805-0049	Monday – Friday: 8:00 am - 5:00 pm
<b>Gilbert – Higley Road</b> 3271 E. Queen Creek Rd. Building 2, Suite. 101 Gilbert, AZ 85297	Call: 602-995-1767 Or (877)779-2470 Email: <a href="mailto:Referral@rhaz.org">Referral@rhaz.org</a>	Monday – Friday: 8:00 am - 5:00 pm
<b>Parker</b> 820 S. California Ave. Suite 104 Parker, AZ 85344	Call: 928-669-5415	Monday – Friday: 8:00 am - 5:00 pm

## Sonora Behavioral Health

<http://www.sonorabehavioral.com>

Psychiatrists, master’s level therapists, and registered nurses clinically assess, diagnose, and develop individual treatment plans for each patient’s specific needs. Participants meet Monday through Friday, six hours each day, with lunch included. The average participant is typically enrolled for three weeks. Adult Inpatient Care Sonora Behavioral Health Hospital provides short-term inpatient services to individuals who are in an acute crisis. Patients experience a multidisciplinary approach to diagnosis, along with individualized treatment plans for mental health and chemical dependency.

Sonora Behavioral Health now offers more inpatient beds, with the addition of a new the 76-bed unit.

\*Free transportation is available for qualified patients who reside in the Tucson area.

Contact information	Referral details	Hours of Operation
2001 W. Orange Grove Rd. Suite 114   Tucson, AZ 85704 <b>P:</b> 520-229-8419	Call: 520-469-8700	Monday – Friday: 9:30 am - 3:00 pm
<b>Sonora Behavioral Health Hospital</b> 6050 N. Corona Road Tucson, AZ 85704 <b>P:</b> 520-214-0211	Call: 520-214-0211	Open 24 hours

## Sonoran Prevention Works

<http://www.spwaz.org/>

Sonoran Prevention Works, Overdose Education and Naloxone Distribution Program provides free overdose prevention, recognition and response training to all Arizonans. This program provides professional and in-service trainings and community trainings to individuals at risk

for overdose and their loved ones. The OEND program offers free Naloxone kits to any one across the state. This program also offers technical assistance and train-the-trainer opportunities for organizations interested in implementing overdose prevention and Naloxone programming.

**Staying Safe and Healthy:**

- Fentanyl test strips
- Overdose prevention kits
- Quitting one drug while managing the use of another
- Wound care education

**Getting Basic Needs Met:**

- Food, water, and shelter
- Transportation to medical appointments/job interviews
- HIV/Hepatitis C screening
- Counseling or Group Therapy

**Know Your Rights:**

- Rights restoration
- Court proceedings
- Probation
- DCS Cases

Contact information	Referral details	Hours of Operation
340 E Dunlap Ave Phoenix, AZ 85020 <b>P:</b> 480-442-7086	At Risk for an Overdose Call: 480-442-7086	Monday – Friday: 9:30 am-5:00 pm
2579 N 1st Ave Tucson, AZ 85719 <b>P:</b> 520-442-7688	<b>At Risk for an Overdose</b> Call: 480-442-7086	Monday – Friday: 9:00 am – 5:00 pm

**Southeastern Arizona Behavioral Health Services (SEABHS)**

<https://www.seabhs.org/>

All SEABHS outpatient clinics offer a variety of General Mental Health Services for adults who do not receive services through our SMI and substance abuse programs. All clinics provide psychiatric medications, medication monitoring, individual therapy, marital therapy, family therapy, group therapy, and case management services (i.e. transportation, housing, referrals, vocational rehabilitation referrals). Therapy modalities differ from clinic to clinic.

**Therapy Modalities:**

- Anger Management
- Stress Management
- Sex Abuse Survivor
- Depression
- Anxiety
- Hypnosis

Contact information	Referral details	Hours of Operation
<b>Benson Outpatient</b> 590 S. Ocotillo St, Benson, AZ 85602 <b>P:</b> 520-586-6177	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm

<b>Clifton Outpatient</b> 10 A Ward Canyon Rd. Clifton, AZ 85533 <b>P:</b> 928-865-4531	Call: 520-586-6940 Fax: 520-586-6118	Thursday: 8:00 am – 5:00 pm <i>closed for lunch</i> 12:00 pm -1:00 pm
<b>Douglas Outpatient &amp; Integrated Care</b> 936 F Ave. #B Douglas, AZ 85607 <b>P:</b> 520-364-3630	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
<b>Nogales Outpatient</b> 1891 N. Mastick Way Nogales, AZ 85621 <b>P:</b> 520-375-5300	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
<b>Safford Outpatient</b> 1615 S. 1 <sup>st</sup> Ave. Safford, AZ 85548 <b>P:</b> 928-428-4550	Call: 520-586-6940 Fax: 520-586-6118	Monday – Friday: 8:00 am – 5:00 pm
<b>Sierra Vista Outpatient</b> 4755 Campus Dr. Sierra Vista, AZ 85635 <b>P:</b> 520-458-3932	Call: 520-586-6940 Fax: 520-586-6118	Monday – Thursday: 9:00 am – 7:00 pm Friday: 9:00 am – 5:00 pm
<b>Willcox Outpatient</b> 404 Rex Allen Dr. Willcox, AZ 85643 <b>P:</b> 520-384-2521	Call: 520-586-6940 Fax: 520-586-6118	Tuesday and Thursday: 8:00 am – 12:00 pm & 1:00 pm – 5:00 pm Monday, Wednesday, Friday: <b><i>by appointment only</i></b>

## Southwest Behavioral and Health Services

<https://www.sbhservices.org/>

Southwest Behavioral and Health Services offers a wide array of services including: group and individual counseling, autism services, community living, day treatment, housing, inpatient crisis, opiate treatment/MAT services, outpatient clinics.

Contact information	Referral details	Hours of Operation
<b>Main Office</b> 3450 N. 3 <sup>rd</sup> St. Phoenix, AZ 85012 <b>P:</b> 602-265-8338	Email: <a href="mailto:CRUCareCoordinators@SBHSERVICES.ORG">CRUCareCoordinators@SBHSERVICES.ORG</a>	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>7<sup>th</sup> Avenue Outpatient *OTP</b> 1424 S. 7 <sup>th</sup> Ave., Bldg. C Phoenix, AZ 85007 <b>P:</b> 602-258-3600	Email: Dr. Laurie Cessna, Program Director <a href="mailto:LaurieC@SBHSERVICES.ORG">LaurieC@SBHSERVICES.ORG</a>	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm

<b>Broadway Outpatient</b> 4420 S. 32 <sup>nd</sup> St. Phoenix, AZ 85040 <b>P:</b> 602-268-8748	Email: CRUCareCoordinators@SBHSE VICES.ORG	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>Buckeye Outpatient</b> 26428 W. MC85 Buckeye, AZ 85326 <b>P:</b> 623-882-9906	Email: Ash Rees, Program Director AshleyR@SBHSEVICES.ORG	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>Empowerment Center</b> 302 W. Aero Dr. Payson, AZ 85541 <b>P:</b> 928-474-2668	Email: Eddy O'Brien, Program Director <a href="mailto:EdwardO@SBHSEVICES.ORG">EdwardO@SBHSEVICES.ORG</a>	Monday – Friday: 8:00 am – 4:00 pm
<b>Erickson Outpatient</b> 2632 E. Thomas Rd., #100 Phoenix, AZ 85016 <b>P:</b> 602-957-2507	Email: Dr. William Marsh, Program Director <a href="mailto:WilliamMa@SBHSEVICES.ORG">WilliamMa@SBHSEVICES.ORG</a>	Monday – Thursday: 8:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm
<b>Mesa Outpatient</b> 1255 W. Baseline Rd., Suite #138 Mesa, AZ 85202 <b>P:</b> 480-820-5422	Email: Christine Hoffman, Program Director <a href="mailto:christinehof@SBHSEVICES.ORG">christinehof@SBHSEVICES.ORG</a>	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>Metro Outpatient</b> 11221 N. 28 <sup>th</sup> Dr., Bldg. E Phoenix, AZ 85029 <b>P:</b> 602-997-2233	Email: Leah Rothman, Program Director <a href="mailto:LeahR@SBHSEVICES.ORG">LeahR@SBHSEVICES.ORG</a>	Monday – Thursday: 8:00 am – 7:00 pm Friday: 8:00 am – 5:00 pm
<b>Aero</b> 404 W. Aero Dr. Payson, AZ 85541 <b>P:</b> 928-474-3303	Email: Eddy O'Brien, Program Director <a href="mailto:EdwardO@SBHSEVICES.ORG">EdwardO@SBHSEVICES.ORG</a>	Monday – Thursday: 7:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm

## Southwest Network

<http://www.southwestnetwork.org/>

Southwest Network offers a full array of services tailored to the unique needs and goals of young people ages 16.5 to 22 with emotional or behavioral difficulties. Transition to Independence Process (TIP) is a program where community-based Transition Facilitators provide training and activities in the areas of employment, education, housing, social and family relationships, independent and daily living, finances and budgeting, decision making, emotional and physical health and wellbeing, and community-life functioning. Transition Facilitators work one-on-one with young people to help them meet their unique goals, coach and support them, set the foundation for their transition to adult roles, and build a future for themselves.

We offer a variety of levels of care, from medication services only to assertive community treatment. We utilize Individual Choice and ongoing assessment to determine the best way to help you get well.



**Services include:**

- Psychiatric evaluations
- Substance abuse evaluations
- Crisis intervention
- Help with thoughts of suicide
- Medication
- Case management
- Rehabilitation and support
- Employment rehabilitation and training
- Language services
- Office Based Opioids Treatment
- Personal care and life skills development
- Nursing
- Peer and family support
- Housing Support
- Transportation Assistance

Contact information	Referral details	Hours of Operation
<b>Osborn Clinic *OBOT</b> 3640 W Osborn Rd. Ste 1 Phoenix, AZ 85019 <b>P:</b> 602-269-5300 <b>F:</b> 602-269-5380	Call: 602-269-5300	Monday – Friday 7:00 am – 6:00 pm
<b>Saguaro Clinic *OBOT</b> 3227 E Bell Road, #170 Phoenix, AZ 85201 <b>P:</b> 602-652-3500 <b>F:</b> 602-652-3582	Call: 602-652-3500	Monday – Friday 7:00 am – 6:00 pm
<b>San Tan Clinic *OBOT</b> 1465 W Chandler Blvd, #A Chandler, AZ 85224 <b>P:</b> 480-497-4040 <b>F:</b> 480-857-3005	Call: 480-786-8200	Monday – Friday 7:00 am – 6:00 pm
<b>Admin Office</b> 2700 N Central Ave, #1050 Phoenix, AZ 85004 <b>P:</b> 602-266-8402 <b>F:</b> 602-264-0887	Call: 602-266-8402	Monday – Friday 8:00 am – 5:00 pm
<b>Central Valley</b> 2444 East University Dr., Suite 150 Phoenix, AZ 85034 <b>P:</b> 602-304-0014 <b>F:</b> 602-304-0190	Call: 602-304-0014	Monday – Friday: 8:00 am -6:00 pm
<b>Chandler Clinic</b> 3140 N. Arizona Ave., Suite 113 Chandler, AZ 85225 <b>P:</b> 480.497.4040 ext. 4040 <b>F:</b> 480.497.4041	Call: 602-304-0014	Monday – Thursday: 8:00 am -6:00 pm Friday: 8:00 am -5:00 pm

<p><b>Bell Road</b>  9051 West Kelton Ln., Suite 13  Peoria, AZ 85382  <b>P:</b> 623-815-5700  <b>F:</b> 623-815-5759</p>	<p>Call: 623-815-5700</p>	<p>Monday – Thursday:  8:00 am -6:00 pm  Friday:  8:00 am -5:00 pm</p>
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## Terros

<https://www.terroshealth.org/>

Terros Health is a nonprofit, integrated care provider that offers integrity, compassion and empowerment while providing a continuum of care that includes primary medical care, wellness services, mental health care, addiction treatment and recovery. We serve individuals and families in comfortable and welcoming environment.

### Primary Medical Care:

- Health Screenings
- Well Woman Exams
- Well Man Exams
- Immunizations
- Sports and Work Physicals
- Family Planning
- Family Focused Care
- Chronic Symptom Management
- Specialty Care Coordination
- Phlebotomy Services
- Pharmacy
- Preventive Care
- Smoking Cessation
- Safe Sex Education
- Telehealth
- Health, Nutrition and Weigh Loss Coaching
- HIV/STI Testing and Treatment

### Health and Wellness Care:

- Health Screenings
- Mindfulness
- Wellness University Class
- Nutritional Counseling
- Chronic Disease Prevention
- Depression and Anxiety Screening
- Preventive Care
- Primary Care Group Visits
- Smoking Cessation
- Health Education
- Lifestyle Coaching and Counseling

### Counseling and Group Sessions:

- Group counseling
- Family Therapy
- Psychiatric Medication Services
- Coaching and classes
- SMI services- adult
- Wellness classes
- Care Coordination
- Telehealth
- Special Counseling (EMDR, DBT)
- Individual Counseling
- Crisis Services
- Support Groups
- Day Treatment

### Addiction Treatment:

- Medication Assisted Treatment (MAT)
- Office Base Opioid Treatment
- Group Counseling
- Specialty Counseling (EMDR, DBT)
- Psychiatric Medication Services
- Serious Mental Illness Services
- Intensive Outpatient
- Standard Outpatient
- Adult Therapies
- Family Therapy
- Wellness Classes
- Support Groups
- Care Coordination
- Day Treatment

- Individual Counseling
- 24-Hour Residential Care
- Sober Living
- Crisis Services

Contact information	Referral details	Hours of Operation
<b>Campbell Avenue Counseling</b> 3385 N. Campbell Ave. Tucson, AZ 85719	Call: 602-685-6000	Monday – Friday: 8:00 am – 5:00 pm Saturday: 9:00 am – 2:00 pm
<b>Stapley Drive Integrated Care</b> 1111 S. Stapley Dr. #5060 Mesa, AZ 85204 <b>P:</b> 602-302-7900	Call: 602-685-6000	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 5:00 pm <i>Primary Care</i> Monday – Thursday: 7:30 am – 5:00 pm
<b>Broadway Road Counseling</b> 1232 E. Broadway Rd. #120 Tempe, AZ 85282 <b>P:</b> 602-685-600	Call: 602-685-6000	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 5:00 pm
<b>Priest Drive Recovery Center</b> 1642 S. Priest Dr. Bldg. 6 – Ste. 101 Tempe, AZ 85281	Call: 602-685-6000	Monday – Friday: 7:00 am – 5:30 pm <i>Primary Care</i> Monday – Thursday: 7:30 am – 5:00 pm
<b>McDowell Road Integrated Care</b> 4909 E. McDowell Rd. #7735 Phoenix, AZ 85008 <b>P:</b> 602-302-7860	Call: 602-685-6000	Monday – Thursday: 8:00 am – 8:00 pm Friday: 8:00 am – 5:00 pm <i>Primary Care</i> Monday, Wednesday, Friday: 7:30 am – 6:00 pm
<b>Central Corporate Office</b> 3003 N. Central Ave. #200 Phoenix, AZ 85012 <b>P:</b> 602-685-6000	Call: 602-685-6000	Monday – Friday: 8:00 am – 5:00 pm
<b>32<sup>nd</sup> Street Counseling</b> 12835 N. 32 <sup>nd</sup> St. Phoenix, AZ 85032	Call: 602-685-6000	Monday – Friday: 8:00 am – 5:00 pm
<b>27<sup>th</sup> Avenue Integrated Care</b> 3864 N. 27 <sup>th</sup> Ave. Phoenix, AZ 85017	Call: 602-685-6000	Monday -Thursday: 8:00 am – 8:00 pm Friday -Saturday: 8:00 am – 5:00 pm <i>Primary Care:</i> Monday – Thursday:

		8:00 am – 6:00 pm Friday: 8:00 am – 5:00 pm
<b>23<sup>rd</sup> Avenue Recovery Center</b> 8804 N. 23 <sup>rd</sup> Ave., Ste. A1/A2 Phoenix, AZ 85021	Call: 602-685-6000	Monday – Thursday: 7:30 am - 5:30 pm Friday: 7:30 am-5:00 pm
<b>Community Prevention</b> 3202 N. 35 <sup>th</sup> Ave. #8 Phoenix, AZ 85017	Call: 602-685-6000	Monday – Friday: 9:00 am – 5:00 pm
<b>51<sup>st</sup> Avenue Recovery Center</b> 4616 N. 51 <sup>st</sup> Ave., Ste. 108 Glendale, AZ 85301	Call: 602-685-6000	<i>Recovery Center:</i> Monday – Friday: 7:00 am – 5:00 pm <i>LADDER:</i> Monday – Friday: 8:00 am – 5:00 pm <i>Primary Care:</i> Monday – Friday: 7:30 am - 5:30 pm
<b>Olive Avenue Integrated Care</b> 6153 W. Olive Ave. Glendale, AZ 85302	Call: 602-685-6000	Monday -Thursday: 8:00 am – 8:00 pm Friday – Saturday: 8:00 am – 5:00 pm <i>Primary Care:</i> Tuesday – Friday: 8:00 am – 6:00 pm
<b>HIV &amp; STI Services</b> 333 E. Indian School Rd. Phoenix, AZ 85012	Call: 602-685-6000	Monday – Friday: 9:00 am - 4:30 pm
<b>Phoenix Mobile Crisis</b> 1802 E. Thomas Rd. Phoenix, AZ 85016	Call: 602-222-9444	

## Unhooked Recovery

<http://www.unhookedrecovery.com/>

Unhooked Recovery is a 12-Step, 30, 60, and 90day, residential treatment center for substance use disorders, and co-occurring disorders. Services include assessment, treatment planning, individual counseling, process groups, psycho-educational groups, case management, family program, and discharge planning. Evidenced Based Practice modalities used are Cognitive Behavioral Therapy (CBT), Dialectic Behavioral Therapy (DBT), Motivational Interviewing, Eye Movement Desensitization and Reprocessing Therapy (EMDR), and Trauma Informed Therapy.

Contact information	Referral details	Hours of Operation
<b>Mesa Rehab Center</b> 215 S. Power Rd. Bldg. #1251 Mesa, AZ 85206 <b>P:</b> 602-368-4471 <b>F:</b> 888-972 9788	Call: 602-368-4471 Call: 480-849-1192	24/7
<b>Out Patient Services</b> 5801 E Main Street, Mesa, AZ 85205 <b>P:</b> 602-368-3114	Fax: 888-972-9788	Monday – Thursday: 7:00 am – 4:30 pm Thursday: 7:00 am- 7:00 pm Friday: 7:00 am -3:30 pm
<b>Tucson Inpatient</b> 4310 E. Grant Rd. Tucson, AZ 85712 <b>P:</b> 520-203-8914	Call: 520-203-8914 Admission department	Hours varied

## Valle del Sol

<http://www.valledelsol.com/>

Valle del Sol offers an integrated approach to healthcare. Primary healthcare services are offered for children and adults in addition to behavioral health services. Combining primary care and mental health services allows for an integrated health care team to treat the whole person: mind, body and spirit. Services include Medication Management, Counseling for Families, Individual and Group, Evaluations.

### Court-Ordered Treatment:

Programming for individuals who are court -ordered or non-court ordered to complete the following treatment:

- Anger Management
- Parenting
- Domestic Violence
- Substance Abuse
- DUI

### Outpatient Opioid Treatment Program:

If you have an opiate addiction of at least 12 months and are at least 18 years old, Valle del Sol can help through a comprehensive Outpatient Opioid Treatment Program. Medication-assisted treatment program (MAT) uses Methadone or Suboxone along with individual and group counseling.

Contact information	Referral details	Hours of Operation
<b>Central Phoenix</b> 3807 N. 7 <sup>th</sup> St. Phoenix, AZ 85014 <b>P:</b> 480-407-4246	Call: 602-523-9312	Monday – Thursday: 7:00 am to 7:00 pm Friday: 7:00 am to 5:00 pm

<b>West Phoenix</b> 502 N. 27 <sup>th</sup> Ave. Phoenix, AZ 85009 <b>P:</b> 480-407-4347	Call: 602-523-9312	Monday – Thursday: 8:00 am to 7:00 pm Friday: 8:00 am - 5:00 pm
<b>South Phoenix *OTP</b> 1209 S. 1 <sup>st</sup> Ave. Phoenix, AZ 85003 <b>P:</b> 480-436-7409	Call: 602-258-6797 EXT. 1600 Email: <a href="mailto:opioid@valledelsol.com">opioid@valledelsol.com</a>	Mondays – Friday: 4:30 am – 4:00 pm Saturday: 6:00 am – 12:00 pm
<b>Central Phoenix</b> 4117 N. 17 <sup>th</sup> St. Phoenix, AZ 85016 <b>P:</b> 480-407-4323 <b>F:</b> 602-218-8651	Call: 602-218-8650 Email: <a href="mailto:CourtOrdered@valledelsol.com">CourtOrdered@valledelsol.com</a>	Screenings/Assessments Monday – Friday 9:00 am – 4:00 pm
<b>Maryvale</b> 8410 W. Thomas Rd., Ste. 116 Phoenix, AZ 85037 <b>P:</b> 480-407-4297 <b>F:</b> 602-218-8651	Call: 602-218-8650 Email: <a href="mailto:CourtOrdered@valledelsol.com">CourtOrdered@valledelsol.com</a>	Screenings/Assessments Monday – Friday 9:00 am – 4:00 pm
<b>Southeast Valley</b> 4135 S. Power Rd., Ste. 108 Mesa, AZ 85212 <b>P:</b> 480-407-4334	Call: 602-523-9312	Monday & Tuesday: 8:00 am – 5:00 pm Wednesday: <i>By appointment only</i> Thursday: 8:00 am – 4:00 pm
<b>East Valley *OTP</b> 334 W. 10 <sup>th</sup> Pl., Ste. 100 Mesa, AZ 85201 <b>P:</b> 480-407-4360	Call: 602-258-6797 EXT. 1600 Email: <a href="mailto:opioid@valledelsol.com">opioid@valledelsol.com</a>	Monday – Friday: 4:30 am – 11:00 am Saturday: 6:00 am – 12:00 pm

## SUPPORT GROUPS

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### Al-Anon Family Groups

(520) 323-2229 | <https://al-anon.org/>

Self-support for the family and friends of alcoholics and adult children of alcoholics.

### Alcoholics Anonymous

(520) 624-4183 | <https://aatucson.org/>

840 S. Campbell Avenue.

Fellowship of men and women who maintain sobriety through sharing experience, strength, and hope.

### AZ Smoker's Helpline

1-800-556-6222 | [www.ashline.org](http://www.ashline.org)

**CO-ANON**

(480) 442-3869 | <https://co-anon.org/>

A fellowship for family and friends of someone who is chemically dependent on cocaine.

**Cocaine Anonymous - AZ**

(520) 326-2211 | <https://test.catucson.org/>

Co-Dependents Anonymous

Fellowship of men and women who maintain sobriety from cocaine.

**Co-Dependents Anonymous (CODA)**

(888) 444-2359 | <https://www.azdisabilitylaw.org/> OR CoDA.org

12-step self-help group for people who are working on healthy relationships.

**Debtors Anonymous**

1-800-421-2383 | <https://www.debtorsanonymous.org/>

12-step program for people who have debt and cannot stop spending.

**Depression and Bi-Polar Support Alliance**

(800) 826-3632 | <https://www.dbsalliance.org/>

Offers education and support groups to people with depression and bi-polar disorder.

**Gamblers Anonymous**

520-570-7879 | <http://www.gamblersanonymous.org/ga/>

Self-help group for compulsive gamblers.

**Narcotics Anonymous**

520-881-8381 | <http://www.natucson.org>

12-step program where people manage their addiction to narcotics.

**Nicotine Anonymous**

(469) 737-9304 | <http://nicotine-anonymous.org>

12-step support group for people wishing to stop using nicotine.

**Overeaters Anonymous**

(505) 891-2664 | <https://oa.org/>

A 12-step group for people who wish to stop compulsive eating.

**Sex Addicts Anonymous**

1-800-477-8191 | <https://saa-recovery.org/>

12-step recovery program providing support for people with compulsive sexual behaviors.

**Survivors of Incest Anonymous**

<https://siawso.org/>

12-step program for non-offending adult survivors of childhood sexual abuse.

**Survivors of Suicide**

<https://empactsos.org/support-groups/>

Support group for family and friends of people who died by suicide.

## HIV SERVICE PROVIDER

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### Tucson:

#### **El Rio Santa Cruz Neighborhood Health Center**

1701 W Saint Marys Rd. Ste 160  
Tucson, AZ 85745-2621  
520-628-8287  
Ryan White HIV Care

#### **Arizona Board of Regents, The University of Arizona**

1501 N Campbell Ave # 245039  
Tucson, AZ 85724-0001  
520-694-8888

#### **Cottonwood Tucson**

4110 West Sweetwater Drive  
Tucson, AZ 85745  
520-743-0411

#### **TIHAN**

2660 N. 1<sup>st</sup>. Ave.  
Tucson, AZ 85719  
520-299-6647

### Yuma:

#### **Behavioral Analysis Counseling**

3250 East 40th Street Suite A  
Yuma, AZ 85365  
928-341-4140

#### **Horizon Health and Wellness**

3180 East 40th Street  
Yuma, AZ 85365  
928-344-9490

#### **Horizon Health and Wellness**

791 South 4th Avenue Suites A and B  
Yuma, AZ 85364  
928-783-3986

#### **Crossroads Mission of Yuma**

944 South Arizona Avenue Building 300  
Yuma, AZ 85364  
928-783-9362 x101

#### **Sunset North Yuma Clinic**

675 S Avenue B  
Yuma, AZ 85364-2749  
928-819-8999



**Sunset Community Health Center**

2060 W 24th St  
Yuma, AZ 85364  
928-819-8999  
HIV Testing & STI Testing Treatment,

**Yuma County Public Health Services District**

2200 W 28th St. Ste 178  
Yuma, AZ 85364  
928-317-4540  
HIV Testing & STI Testing

**Somerton:**

**Sunset Community Health Center**

115 N Somerton Ave  
Somerton, AZ 85350  
928-627-2051  
HIV Testing and STI Testing