

## Novel Coronavirus (COVID-19) Home Care Guide- (2/28/2020)

Patients being evaluated for or with confirmed COVID-19 infection may be safely cared for in the home if clinically indicated. For suspect or confirmed cases:

### Instruct the patient to:

- Stay home except when seeking medical care. Call ahead before seeking medical care.
- As much as possible, stay in a different room from other people in your home. Use a separate bathroom if available.
- Wear a facemask when you are in the same room with other people and when you seek medical care. If you cannot wear a mask, anyone in the same room as you should wear a facemask.
- Cover your cough and sneezes with a tissue or your sleeve and immediately wash your hands with soap and water for 20 seconds or use an alcohol-based hand sanitizer.
- Avoid sharing household items.
- Only have people in the home who live there or are essential for providing care.
- Monitor your symptoms and seek medical care if your illness worsens.

### HCW Precautions When Entering the Home

- Ask patient to mask upon arrival.
- Use droplet and contact precautions while in the home, including procedure mask, isolation gown, and gloves. If the patient cannot wear a mask, also wear eye protection (either goggles or a face shield).
- Disinfect all equipment brought into the home with a Banner approved disinfectant.
- Remove and discard all personal protective equipment (PPE) upon exiting the home.
- Perform hand hygiene utilizing alcohol-based hand sanitizer or by washing with soap and water.
- Monitor your health starting from the day you first have contact with the patient and for 14 days after your last contact with the patient. If you develop fever or any of the symptoms shown above, stay home and notify your supervisor. Call ahead to your healthcare provider before seeking care.

