

Birth to Five Resource Guide

PROVIDER/AGENCY	COUNTY	ADDRESS	CONTACT	SERVICES	Provider Type
Birth to Five Helpline	All	https://www.swhd.org/programs/health-and-development/birth-to-five-helpline/	1-877-705-5437	Child development support	Community
Arizona Child Care Resource and Referral	All	https://www.azccrr.com/	1-800-308-9000	Child care resources, child development support, financial assistance resources	Community
National Child Passenger Safety Certification	All	https://cert.safekids.org/	877-366-8154	Allows anyone to search for individuals who are Child Passenger Safety certified technicians in their area to assist/advise on correct installation of car seats	Community
Postpartum Support International Arizona Chapter	All	https://psiarizona.org/	888-434-6667 azwarmline@gmail.com	Peer support to families and training professionals, resources and information to moms and their families	Community
Women, Infants and Children (WIC)	All	150 N. 18th Ave., Phoenix, AZ 85007	800-252-5942 602-542-1025	Supplemental nutritious foods and referrals to health and social services for pregnant, breastfeeding, postpartum women and children under the age of 5	Community
Maricopa County Early Education Programs	All	301 W. Jefferson St., Phoenix, AZ 85003	602-372-3700	Child development services, Head Start preschool services for children over 3, early head start services for children under 3, child care partnerships	Community
United States Department of Education, Office of Special Education Programs (OSEP)	All	400 Maryland Ave., S.W., Washington, DC 20202	202-245-7459	Dedicated to improving results of infants, toddlers, children and youth with disabilities ages 0-21	Community
Center for Parent Information and Resources (CPIR)	All	https://www.parentcenterhub.org/	973-642-8100	Central source of information on disabilities in infants, toddlers, children, and youth; research based information on effective educational practice; IDEA	Community

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Strong Families AZ	All	https://strongfamiliesaz.com/	https://strongfamiliesaz.com/programs/	Home visits, education and support for parents of young children, parenting skills, self-care for parents	Community
Chicanos Por La Causa (CPLC)	All	6850 W. Indian School Rd., Suite 4, Phoenix, AZ 85033 5840 E. Calle Santos Bravo, Guadalupe, AZ 85283	602-248-0428 480-491-2301	Home visitation, parenting classes, family resource centers, parent aide services, school information	Behavioral Health
Child Care Aware	All	https://www.childcareaware.org/	800-424-2246	Child care referrals and tools, provider resources	Community
Parent Assistance Helpline	All	https://www.nationalparenthelpline.org/	855-427-2736	Emotional support from trained advocates	Community
Arizona Early Intervention Program (AzEIP)	All	https://extranet.azdes.gov/azeip/AzeipREF/Forms/Categories.aspx	602-532-9960	Developmental assessment, learning and activities, connection to formal services	Community
Arizona Department of Health Services Children's Information Center Hotline	All	https://www.azdhs.gov/prevention/womens-childrens-health/index.php#hotlines	1-800-232-1676	Resources, helplines, information center	Community
Child and Family Resources	Cochise	3965 E. Foothills Dr., Suite E1, Sierra Vista, AZ 85635 1151 16 St., Douglas, AZ 85607	520-458-7348 520-368-6122	Child care resources, teen parent resources, education on child development, in-home support	Community
First Things First	Cochise	77 Calle Portal, Sierra Vista, AZ 85635	520-378-3280	Resources, helpline, parent education, scholarships, voluntary home visiting, oral health screenings	Community
Arizona Headstart Association	Cochise	602 E. 22nd St., Tucson, AZ 85713	520-882-0100	School readiness, family services, health, nutrition	Community
Easterseals Blake Foundation	Cochise	55 S. 5th St., Sierra Vista, AZ 85635	520-429-9784	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Health Start	Cochise	https://www.cochise.az.gov/health-and-social-services/maternal-and-child-health-home-visiting	520-803-3923	Maternal and child health home visiting, health educators, community resource connection, depression assessment, developmental screening, health and home safety assessments, care safety classes, lay counseling	Community
Arizona DES Child Care Administration	Cochise	595 S. Dragoon St., Benson, AZ 85602	520-586-8351	Child care assistance and providers	Community

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Child Parent Center Inc Benson	Cochise	300 W. Union St., Benson, AZ 85602	520-586-7174	Resources for parents, school readiness, parent education, support for children with disabilities	Community
Caring Connections For Special Needs, LLC	Cochise	505 E. 5th St., Benson, AZ 85602 1019 F. Ave., Douglas, AZ 85607 4511 N. Commerce Dr., Sierra Vista, AZ 85635	520-678-9589 520-645-0389 520-508-478	Individualized assessments, individual and group respite, family support, individual and group skills	Behavioral Health
Catholic Community Services	Cochise	6049 E. Hwy. 90, Sierra Vista, AZ 85650	520-458-4203	Child care and early childhood education, family preservation, adoption and foster care	Community
CPES	Cochise	324 S. Ocotillo Ave., Benson, AZ 85602	520-720-6122	Intellectual and developmental services, positive behavior support, counseling, FBAs, foster care and adoption	Behavioral Health
First Things First	Gila	Cobre Valley Plaza Shopping Center, Globe, AZ 85501	928-425-8172	Resources, helpline, parent education, scholarships, developmental and sensory screenings	Community
Southwest Human Development	Gila	404 W. Aero Dr., Payson, AZ 85541	382-474-3303	Behavioral health services, specialized assessments, groups, relationship building	Behavioral Health
Easterseals Blake Foundation	Gila	288 N. Ironwood Dr., Apache Junction, AZ 85120	480-646-1042	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Caring Connections For Special Needs, LLC	Gila	600 E. Hwy. 260, Suite 8 & 9, Payson, AZ 85541	520-686-9077	Individualized assessments, individual and group respite, family support, individual and group skills	Behavioral Health
Catholic Community Services	Gila	6052 E. Hwy. 90, Sierra Vista, AZ 85650	520-458-4207	Child care and early childhood education, family preservation, adoption and foster care	Community
Child and Family Resources	Graham	1491 W. Thatcher Blvd., Suite 106, Safford, AZ 85546	382-428-7231	Child care resources, teen parent resources, education on child development, in-home support	Community
Arizona Headstart Association	Graham	602 E. 22nd St., Tucson, AZ 85713	520-882-0100	School readiness, family services, health, nutrition	Community
Easterseals Blake Foundation	Graham	1938 W. Thatcher, Safford, AZ 85546	928-362-7343	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health

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Caring Connections For Special Needs, LLC	Graham	1952 Thatcher Blvd., Safford, AZ 85546	928-322-9004	Individualized assessments, individual and group respite, family support, individual and group skills	Behavioral Health
Catholic Community Services	Graham	6049 E. Hwy. 90, Sierra Vista, AZ 85650	520-458-4204	Child care and early childhood education, family preservation, adoption and foster care	Community
Arizona Headstart Association	Greenlee	602 E. 22nd St., Tucson, AZ 85713	520-882-0100	School readiness, family services, health, nutrition	Community
Easterseals Blake Foundation	Greenlee	1938 W. Thatcher, Safford, AZ 85546	928-362-7343	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Catholic Community Services	Greenlee	6050 E. Hwy. 90, Sierra Vista, AZ 85650	520-458-4205	Child care and early childhood education, family preservation, adoption and foster care	Community
First Things First	Greenlee/Graham	512 S. 2nd Ave., Safford, AZ 85546	928-428-0193	Resources for parents and professionals, scholarships, voluntary home visiting	Community
First Things First	La Paz	1940 Mesquite Ave., Suite E, Lake Havasu City, AZ 86403	928-854-8732	Resources for parents and professionals, scholarships, voluntary home visiting	Community
Arizona Headstart Association	La Paz	1235 W. Redondo Center Dr., Yuma, AZ 85365	928-782-1886	School readiness, family services, health, nutrition	Community
Easterseals Blake Foundation	La Paz	1060 S. 5th Ave., Yuma, AZ 85364	928-248-5112	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Child and Family Resources	Maricopa	2830 W. Glendale Ave., Suite 28, Phoenix, AZ 85051	602-234-3941	Child care resources, teen parent resources, education on child development, in-home support	Community
Arizona Baptist Children's Services	Maricopa	2632 W. August Ave., Phoenix, AZ 85051	602-346-2300	Resource center, prenatal and parenting classes, counseling, material assistance (free diapers, wipes, clothing)	Community
Childhelp	Maricopa	4350 E. Camelback Rd., Bldg. F250, Phoenix, AZ 85018	480-922-8212	Resources, prevention, intervention and treatment programs	Behavioral Health

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First Things First	Maricopa	4000 N. Central Ave., Phoenix, AZ 85012 1839 S. Alma School Rd., Mesa, AZ 85210 14050 N. 83rd Ave., Suite 140, Peoria, AZ 85381	602-771-5100 602-771-4980 602-771-4960	Resources for parents and professionals, scholarships, voluntary home visiting, oral health screenings, developmental and sensory screenings	Community
Southwest Behavioral Health Services	Maricopa	2632 E. Thomas Rds., #100, Phoenix, AZ 85016 4420 S. 32nd St., Phoenix, AZ 85040 11221 N 28th Dr., Building E, Phoenix, AZ 85029	602-957-2507 602-268-8748 602-997-2233	Behavioral health services, specialized assessments, groups, relationship building	Behavioral Health
Southwest Human Development	Maricopa	2850 N. 24th St., Phoenix, AZ 85008	602-633-8219	Therapy, specialized assessment, parenting support, direct support services, groups, helpline	Behavioral Health
Children's Action Alliance	Maricopa	3030 N. 3rd St., Suite 650, Phoenix, AZ 85012	602-266-0707	Health care and other resources for low income and uninsured families	Community
Raising Special Kids	Maricopa	5025 E. Washington St., Suite 204, Phoenix, AZ 85034	602-242-4366 800-237-3007	Parent support, information, workshops, training, resources	Community
Lutheran Social Services of the Southwest	Maricopa	2502 E. University Dr., Suite 125, Phoenix, AZ 85034	480-396-3795	Child and parent workshops, family resource centers, community education	Community
Arizona Headstart Association	Maricopa	234 N. Central Ave., Phoenix, AZ 85004	602-372-3700	School readiness, family services, health, nutrition	Community
Easterseals Blake Foundation	Maricopa	288 N. Ironwood Dr., Apache Junction, AZ 85120	480-646-1042	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
CPES	Maricopa	3930 E. Ray Rd., Suite 200, Phoenix, AZ 85044	602-685-1940	Intellectual and developmental services, positive behavior support, counseling, FBAs, foster care and adoption	Behavioral Health
Zero to Three	Online	https://www.zerotothree.org/	800-899-4301	Resources for parents and professionals	Community
HealthyChildren.Org	Online	https://healthychildren.org/English/Pages/default.aspx	service@healthychildren.org	Education, safety and prevention, consultation	Community
Early Childhood Development	Online	https://www.acf.hhs.gov/ecd		Resources, tips and tools, home visiting, prevention, early intervention	Community
Text4Baby	Online	https://www.text4baby.org/	https://www.text4baby.org/	Phone application for information and appointment reminders, developmental and health information	Community

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Child and Family Resources	Pima	2800 E. Broadway Blvd., Tucson, AZ 85716	520-881-8940	Child care resources, teen parent resources, education on child development, in-home support	Community
Arizona Baptist Children's Services	Pima	1779 N. Alvernon Way, Tucson, AZ 85712	800-678-0648	Resource center, prenatal and parenting classes, counseling, material assistance (free diapers, wipes, clothing)	Community
First Things First	Pima	3610 N. Prince Village Pl, Tucson, AZ 85719	520-628-6650	Resources for parents and professionals, scholarships, voluntary home visiting, parent education	Community
Arizona Headstart Association	Pima	602 E. 22nd St., Tucson, AZ 85713	520-882-0100	School readiness, family services, health, nutrition	Community
Casa de los Niños	Pima	1120 N. 5th Ave., Tucson, AZ 85705	520-624-5600	Behavioral health services, specialized assessments	Behavioral Health
Children's Action Alliance	Pima	5049 E. Broadway Blvd., Suite 158, Tucson, AZ 85711	520-329-4930	Health care and other resources for low income and uninsured families	Community
Raising Special Kids	Pima	http://raisingspecialkids.org/	520-441-4007	Parent support, information, workshops, training, resources	Community
Lutheran Social Services of the Southwest	Pima	1231 N. Norris Ave., Tucson, AZ 85719	520-748-2300	Child and parent workshops, family resource centers, community education	Community
Easterseals Blake Foundation	Pima	7750 E. Broadway Blvd., Suite A200, Tucson, AZ 85710	520-327-1529	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Amphitheater Public Schools	Pima	435 E. Glenn St., Tucson, AZ 85705	520-696-4095	Parents as teachers, diaper pantry, playgroups, newsletters	Community
Pima County Parenting Coalition	Pima	2580 E. 22nd St., Tucson, AZ 85713	520-792-5704	Parent education classes and in-home family support	Community
Tu Nidito	Pima	3922 N. Mountain Ave., Tucson, AZ	520-322-9155	Support for families of children diagnosed with a serious medical condition, grief education and intervention	Community
Caring Connections For Special Needs, LLC	Pima	7447 E. 22nd St., Tucson, AZ 85710	520-686-3913	Individualized assessments, individual and group respite, family support, individual and group skills	Behavioral Health

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Catholic Community Services	Pima	140 W. Speedway, Suite 230, Tucson, AZ 85705	520-623-0344	Child care and early childhood education, family preservation, adoption and foster care, counseling	Community
CPES	Pima	4825 N. Sabino Canyon Rd., Tucson, AZ 85750	520-884-7954	Intellectual and developmental services, positive behavior support, counseling, FBAs, foster care and adoption	Behavioral Health
Child and Family Resources	Pinal	1115 E. Florence Blvd., Suite M, Casa Grande, AZ 85122 288 N. Ironwood Dr., Suite 104, Apache Junction, AZ 85120	520-518-5292 602-983-7028	Child care resources, teen parent resources, education on child development, in-home support	Community
First Things First	Pinal	1515 E. Florence Blvd., Casa Grande, AZ 85122	520-836-5838	Resources for parents and professionals, scholarships, voluntary home visiting, parent education developmental, sensory and oral screenings	Community
Easterseals Blake Foundation	Pinal	1115 E. Florence Blvd., Suite A, Casa Grande, AZ 85122	520-723-4429	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Child and Family Resources	Santa Cruz	1827 N. Mastick Way, Nogales, AZ 85621	520-281-9303	Child care resources, teen parent resources, education on child development, in-home support	Community
First Things First	Santa Cruz	1740 N. Mastick Way, Nogales, AZ 85621	520-761-3012	Resources, helpline, parent education, scholarships, voluntary home visiting, oral health screenings	Community
Arizona Headstart Association	Santa Cruz	602 E. 22nd St., Tucson, AZ 85713	520-882-0100	School readiness, family services, health, nutrition	Community
Easterseals Blake Foundation	Santa Cruz	55 S. 5th St., Sierra Vista, AZ 85635	520-429-9784	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Catholic Community Services	Santa Cruz	6051 E. Hwy. 90, Sierra Vista, AZ 85650	520-458-4206	Child care and early childhood education, family preservation, adoption and foster care	Community
Diaper Bank	Southern AZ	http://www.diaperbank.org/get-diapers-2/	520-325-1401	Diapers, potty training tips, resources	Community
Child and Family Resources	Yuma	201 S. 3rd Ave., Yuma, AZ 85364	382-783-4003	Child care resources, teen parent resources, education on child development, in-home support	Community

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Arizona Baptist Children's Services	Yuma	2363 S. Kennedy Ln., Yuma, AZ 85365	382-726-5568	Resource center, prenatal and parenting classes, counseling, material assistance (free diapers, wipes, clothing)	Community
First Things First	Yuma	233 S. 2nd Ave., Yuma, AZ 85364	928-343-3020	Resources, helpline, parent education, scholarships, voluntary home visiting, oral health screenings, promoting health nutrition and physical activity, increased access to books	Community
Arizona Headstart Association	Yuma	1235 W. Redondo Center Dr., Yuma, AZ 85365	928-782-1886	School readiness, family services, health, nutrition	Community
Raising Special Kids	Yuma	http://raisingspecialkids.org/	928-444-8803	Parent support, information, workshops, training, resources	Community
Easterseals Blake Foundation	Yuma	1060 S. 5th Ave., Yuma, AZ 85364	928-248-5112	Resources for childhood development, special needs, early childcare centers, parent education groups	Behavioral Health
Catholic Community Services	Yuma	690 E. 32nd St., Yuma, AZ 85365	928-341-9400	Child care and early childhood education, family preservation, adoption and foster care, counseling	Community
CPES	Yuma	2180 S. 4th Ave., Suite H, Yuma, AZ 85364	928-783-0630	Intellectual and developmental services, positive behavior support, counseling, FBAs, foster care and adoption	Behavioral Health